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Hon. Charles H. Ervin
Hon. Yvette Durant
Superior Court Judges

NOTICE OF MEETING AND AGENDA

JUVENILE JUSTICE COORDINATING COUNCIL

March 11, 2019
1:30pm

The Sierra County Juvenile Justice Coordinating Council will meet on Monday, March 11, 2019 at 1:30 p.m. in the main courtroom, Courthouse, Downieville, CA. All interested persons are invited to attend.

Call meeting to order

1. Approval of Agenda
2. Introduction of Members
3. Public Comment Opportunity. (Public comment is limited to three minutes per person and not more than three individuals addressing the same subject).
4. Continued discussion and review proposals for juvenile delinquency and truancy reduction in Sierra County as submitted by:
 - High Sierra Family Services (Tammy Muldoon)
 - Friday Night Live (Derrick Koch)
5. Incarceration/Electronic Monitoring/Counseling-Extra Services Not Covered
6. Adjourn

Sierra County Child Abuse Council, Inc. dba:

High Sierras Family Services

P.O. Box 1016
Loyalton, CA 96118
(530)99-1110 Fax (530)993-4250
highsierrasfrc@gmail.com

February 25, 2019

Family Education and Support

High Sierras Family Services has the capacity and experience to offer comprehensive education in parenting skills, peer support, life skills counseling, education advocacy and helping parents to reduce truancy.

Our program offers the following:

Education advocacy -- We are affiliated with the Family Empowerment Center, and work with them to assist parents with understanding their child's disabilities, educational and developmental needs. We help parents understand individual education plans and how to work with their child's teachers in order to obtain the best outcome for their child. This work is focused on children with disabilities, but the same information is invaluable to families whose child does not have a diagnosed disability.

School attendance -- School attendance is an integral part of our education advocacy, and peer counseling and parenting classes we address the root causes of truancy and poor school performance.

Develop parenting skills -- We offer one on one parenting classes tailored to the individual family. Nurturing Parenting, our primary evidence based parenting program, educates families about child development, disciplining with dignity, empathy, managing feelings, communicating, making good choices and keeping children safe. This program is approved by Sierra County Behavioral Health as the best option for families dealing with drug and alcohol abuse and/or mental health issues.

Parent Peer Support and Life Skills Counseling -- We offer one on one support to parents wherever it is needed. During our intake process we conduct an extensive interview determine exactly what kind of supports are needed. We help parents with getting their GED, and/or enrolling in community college or other training. We are peers available to talk out problems and frustrations with, help filling out forms and making phone calls to qualify for services, and even teach basic computer skills or budgeting, shopping and cooking skills.

Every program that we offer fits into the framework of working to increase a family's protective factors, those things that help a family to get and/or stay stable.

- Parental resilience
- Social connections
- Concrete supports
- Knowledge of parenting and child/adolescent development
- Supporting healthy social and emotional development

Budget

A budget of \$5,000 would support about 50 hours of intensive services for families referred by the Juvenile Justice Coordinating Council.

High Sierras Family Services

(A service of the Sierra County Child Abuse Council)

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Loyalton, California 96118

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CLIENT REFERRAL FORM

FM I&R FR ER SELF

REFERRAL FROM: _____ DATE: _____

NAME: _____

ADDRESS: _____

HOME PHONE: _____ WORK/MESSAGE # _____

CHILDREN LIVING IN HOME: (NAME AND DATE OF BIRTH)

STATEMENT OF CHALLENGE IN FAMILY
INCLUDE BRIEF HISTORY OF CASE AND SPECIAL NEEDS OF FAMILY:

SERVICES TO BE PROVIDED: 1. _____
2. _____
3. _____
4. _____

ANTICIPATED LENGTH OF SERVICES:

_____ 30 DAYS _____ 90 DAYS _____ 6 MONTHS ___ 1 YEAR

Funding Request for Friday Night Live



The Proposal at a Glance

Proposal:

- Request for \$3,000.00 **annually** to fund Friday Night Live (FNL) chapters in Sierra County. Funding will be divided equally between all six FNL chapters.

Goals:

- Reduce the effects of preexisting key emotional and developmental characteristics that lead to the creation of delinquent behavior.
- Create skills that youth can use to combat developing delinquent behaviors in the future and encourage individual growth that will also lead to positive long-term outcomes.
- Provide meaningful and comprehensive material in a manner that makes the information relevant and important to youth. Give participants a safe environment to build meaningful relationships with adults and youth
- Encourage involvement and create connections between students, community, and schools.
- Provide opportunities for youth to participate in skill-building activities; including, leadership, and youth advocacy.
- Support positive skill development and undermine comorbid behavioral habits before there is a need to correct larger delinquent behaviors that have a tendency to be lifelong faults.

Friday Night Live Program Overview:

- Offered for 4th-12th grades
- Evidence-Based program
- Friday Night Live is run in 50 out of 58 counties in California.

Concepts:

- Negative habits are preventable and treatable.

Why Friday Night Live is a Suitable Program:

- Friday Night Lives has corresponding fundamentals with Juvenile Justice and Delinquency Prevention and Council of Juvenile Correctional Administrators.
- Friday Night Live also used the Positive Youth Development Framework to meet its targets and ensure that they have a viable and reproducible program.
- Friday Night Live is evaluated annually to ensure that its Standards of Practice are met.

Additional Relevant Key Findings:

- Sierra County has an outstanding Friday Night Live program that ranked higher in all categories for promoting resilience and reducing alcohol, tobacco, other drugs and students reported that FNL increased school engagement than the state average of other Friday Night Live Chapters. Increasing School engagement inevitably will reduce school delinquency.

Foreseen Drawbacks:

- None

Funding Request for FNL

Proposal:

I request that the Juvenile Justice Coordinating Council (JJCC) sponsors the Friday Night Live (FNL) Chapters in Sierra County by annually committing \$500.00 to each FNL Chapter. In Sierra County, there are currently 6 chapters' making JJCC's total sponsor contribution a total of \$3,000.00 annually. The money provided by JJCC will assist in, but not be limited to, training advisors, supply's that students will use to advocate their annual projects, and provide a safe, wholesome environment where students can develop their individuality and skills.

Goal:

- Reduce the effects of preexisting key emotional and developmental characteristics that lead to the creation of delinquent behavior.
- Create skills that youth can use to combat developing delinquent behaviors in the future and encourage individual growth that will also lead to positive long-term outcomes.
- Provide meaningful and comprehensive material in a manner that makes the information relevant and important to youth. When information is relevant then the lessons are absorbed easier and students are more motivated to continually apply the skills in their lives on a daily basis.
- Give participants a safe environment to build meaningful relationships with adults and youth
- Encourage involvement and create connections between students, community, and schools.
- Provide opportunities for youth to participate in skill-building activities; including, leadership, and youth advocacy.
- Support positive skill development and undermine comorbid behavioral habits before there is a need to correct larger delinquent behaviors that have a tendency to be lifelong faults.

Friday Night Live Program Overview:

FNL Programs have evolved and expanded over time to include: (1) Friday Night Live (FNL) for high school students, (2) Club Live (CL) for middle school students, (3) FNL Kids for youth in the 4th-6th grades, and (4) Friday Night Live Mentoring. All FNL programs are founded in evidence-based, positive youth development (PYD) framework to increase protective factors and reduce risk factors to support the healthy development of young people. Fostering caring supportive relationships, through youth-adult partnerships and peer-to-peer support is foundational to FNL programs. All youth have strengths, are valued as partners and are actively engaged in the decision-making process of planning and implementing their programs. FNL programs work with youth and their communities to create opportunities for youth to make meaningful contributions to their programs and to improve the health of their communities through community outreach, education and services, social action, and advocacy. As a result, youth in FNL experience the necessary supports and opportunities to develop the relationships, skills, competencies, values, and connections that enable them to thrive, FNL recognizes that the process of promoting healthier communities requires broad cross-section collaborations to address system issues and promote public health policies.

Concepts:

Adolescence typically progresses through a series of stages and patterns as they develop delinquency tendencies and harmful habits. By the time major behavior issues have been flagged for correction or rehabilitation many underlying comorbid behavior issuers have already been solidified into the youth's personality. Once these negative habits are created it becomes increasingly difficult for youth to receive corrective positive instructions; therefore, we must target underlining behave patterns before they have a chance to create larger delinquent behaviors.

Youth tend to **follow** a path toward delinquent and criminal behavior; if early intervention can occur, we have an opportunity to shape the path and the effects that risk factors have on the habits that our youth are developing. With the JJCC's support, we will have more opportunities to reinforce positive developmental elements to combat the negative influences that could drive an individual to develop delinquent routines later in their adult lives. Resulting in both short-term and long-term corrections to prevent the onset of these behaviors and supports the long-term development of a youth's resilience to developing destruction behavior throughout their lives.

Research over the last two decades has shown that negative habits are both preventable and treatable¹. Under this prevention and early intervention framework, an increasing body of research is being conducted to determine which of the many existing programs are truly effective. Current literature indicates that effective programs are those that aim to act as early as possible and focus on known **risk factors** and the behavioral development of juveniles².

Why Friday Night Live is a Suitable Program:

If we compare the Friday Night Live Standards of Practice with the Juvenile Justice and Delinquency Prevention recommendations (JJDP), and with the Council of Juvenile Correctional Administrators we see that the fundamentals of all three programs have parallel objectives.

1. The Office of Juvenile Justice and Delinquency Prevention provides national leadership, coordination, and resources to prevent and respond to juvenile delinquency and victimization. In order to meet these standards, the OJJDP created a list of recommendations of the qualities that programs should have in beaded in them to address their targets.
2. All FNL programs operate according to five FNL Youth Development Standards of Practice (SOP) which are founded in a positive youth development (PYD) framework. FNL SOPs represent the set of critical supports, opportunities, and skills that young people need to experience on a consistent basis to foster and sustain personal and social competencies in youth and to achieve long-term positive developmental outcomes.
3. Council of Juvenile Correctional Administrators (CJCA) reported on the importance of ten fundamentals that create opportunities necessities needed to combat delinquency, drug addiction and other negative developmental outcomes in youth.

As you review the table below please notice that all three programs have almost identical requirements and target identical problems.

Council of Juvenile Correctional Administrators (CJCA) fundamentals	Friday Night Live (FNL) Standard of Practice	Office of Juvenile Justice and Delinquency (OJJDP)
Youth Voice	A physically and emotionally safe environment	Classroom and behavior management programs
Adult Support	Caring and meaningful relationships with adults and youth	Multi-component classroom-based programs Social competency promotion curriculums
Education in Community	Opportunities for involvement and connection to community & school	Conflict resolution and violence prevention curriculums Bullying prevention programs
Full Opportunities in Community	Opportunities for leadership and advocacy	Afterschool recreation programs
Quality Education in Facilities	Opportunities to engage in skill-building activities	Mentoring programs
Supportive School Environments		School organization programs
Career Pathways		Comprehensive community interventions
Post-Secondary Access		Social competency promotion curriculums
Smooth Transitions		
Protecting Especially Vulnerable Youth		

Each FNL chapter undergoes annual evaluation in order to allow for adaptations so that we are achieving the highest level of success possible. This evaluation process allows for the program to be flexible and adaptable to community-specific needs and ensures that FNL continues to be an instrumental component in youth development. Friday Night Live also uses the Positive Youth Development Framework (PYD) to ensure that its Standard of Practice (SOP) are met. PYD is based on research suggesting that certain “protective factors,” or positive influences, can help young people succeed and keep them from having problems beyond the classroom. Young people may have fewer behavioral problems and may be better prepared for a successful transition to adulthood if they have a variety of opportunities to learn and participate at home, at school, in community-based programs, and in their neighborhoods. The implementation of the PYD in Friday Night Live translates into the following objectives:

- Physical and psychological safety and security;
- The structure is developmentally appropriate, with clear expectations for behavior as well as increasing opportunities to make decisions to participate in governance and rule-making and to take on leadership roles as one matures and gains more expertise;
- Emotional and moral support;
- Opportunities for adolescents to experience supportive adult relationships;

- Opportunities to learn how to form close, durable human relationships with peers that support and reinforce healthy behaviors;
- Opportunities to feel a sense of belonging and feeling valued;
- Opportunities to develop positive social values and norms;
- Opportunities for skill building and mastery;
- Opportunities to develop confidence in one's abilities to master one's environment (a sense of personal efficacy);
- Opportunities to make a contribution to one's community and to develop a sense of purpose; and
- Strong links between families, schools, and broader community resources.

When these key features are incorporated into programs, youth experience the necessary supports, opportunities, and relationships to foster positive developmental outcomes. The SOPs for FNL programs were also based on the shared features of effective PYD programs. It is important to hold youth programs accountable to these standards as a way to assess how well these programs are preparing youth for *future success*.³

Friday Night Live is evaluated annually to ensure that all SOP and PYD requirements are met. This also ensures that any shortcomings are addressed and corrected. Reporters are disseminated on a State and County level.

Additional Relevant Key Findings:

- "Youth with an above average attendance in public school were significantly less likely to be re-arrested in the 1-year post-release period." Statewide Friday Night Live student's reports 84% increase in school engagement and an 87% increase in Sierra County. "The preventive effects of school attendance were similar across sex and race."
- Friday Night Live builds partnerships for positive and healthy youth development which engage youth as active leaders and resources in their communities. FNL is a youth-adult partnership that supports a lifestyle for alcohol, tobacco, and other drugs.
- Pre-established, state recognized system that is implemented in 50 of the 58 counties in California and has the full backing of
- Friday Night Live provides "A safe, healthy facility-wide climate that prioritizes education, provides the conditions for learning and encourages the necessary behavioral and social support services that address the individual needs of all youths,"
- What better way to support our youth and give them the skills that they will need throughout their lives than by supporting Friday Night Live and ensuring that it is a vibrant part of our student's lives and our community for many years to come.
- FNL is an evidence-based program that aligns with research and is proven to undermine negative behavior associated.

Drawbacks:

None: Friday Night Live is a pre-existing state program that is supported and funded through additional entities; including but not limited to, Substance Abuse Prevention Treatment (SAPT), Sierra County Alcohol and Other Drug's, Sierra County Tobacco Prevention, California Office of Traffic Safety, California Center for Youth Development and Health Promotion (CCYDHP), California Department of Education, and Alcoholic Beverage Control (ABC) reduces the risk of there being drawbacks.

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- 1) Dr. Nora Volkow, Director of the National Institute on Drug Abuse
 - 2) Loeber, Farrington, & Petechuk, 2003
 - 3) Lerner JV, Bowers EP, Minor K, Boyd MJ, Mueller MK, Schmid KL, et al. Positive youth development: Processes, philosophies, and programs. In: Lerner RM, Easterbrooks MA, Mistry J, Weiner IB, editors. *Handbook of psychology, Vol 6: Developmental psychology*. Hoboken, NJ: John Wiley & Sons Inc; US; 2013. pp. 365–392.