

**Sierra County  
Board of Supervisors'  
Agenda Transmittal &  
Record of Proceedings**

<b>MEETING DATE:</b> June 18, 2019	<b>TYPE OF AGENDA ITEM:</b> <input type="checkbox"/> Regular <input type="checkbox"/> Timed <input checked="" type="checkbox"/> Consent
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<b>DEPARTMENT:</b> Behavioral Health <b>APPROVING PARTY:</b> Lea Salas, Administrative Director <b>PHONE NUMBER:</b> (530) 993-6746
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**AGENDA ITEM:** Approval of County Certification of Network Adequacy Data and Documentation Submission

**SUPPORTIVE DOCUMENTS ATTACHED:**  Memo  Resolution  Agreement  Other  
Certification

**BACKGROUND INFORMATION:** Please see attached Memo

**FUNDING SOURCE:**  
**GENERAL FUND IMPACT:** No General Fund Impact  
**OTHER FUND:**  
**AMOUNT:** \$ N/A

<b>ARE ADDITIONAL PERSONNEL REQUIRED?</b>  <input type="checkbox"/> Yes, -- -- <input checked="" type="checkbox"/> No	<b>IS THIS ITEM ALLOCATED IN THE BUDGET?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No  <b>IS A BUDGET TRANSFER REQUIRED?</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
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**SPACE BELOW FOR CLERK'S USE**

<b>BOARD ACTION:</b> <input type="checkbox"/> Approved <input type="checkbox"/> Approved as amended <input type="checkbox"/> Adopted <input type="checkbox"/> Adopted as amended <input type="checkbox"/> Denied <input type="checkbox"/> Other <input type="checkbox"/> No Action Taken	<input type="checkbox"/> Set public hearing For: _____ <input type="checkbox"/> Direction to: _____ <input type="checkbox"/> Referred to: _____ <input type="checkbox"/> Continued to: _____ <input type="checkbox"/> Authorization given to: _____	Resolution 2019- _____ Agreement 2019- _____ Ordinance _____ Vote: Ayes: Noes: Abstain: Absent: <input type="checkbox"/> By Consensus
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**COMMENTS:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

_____ CLERK TO THE BOARD	_____ DATE
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# Memorandum

To: Sierra County Board of Supervisors  
From: Lea Salas, Administrative Director  
Reference: Agenda Item  
Date of memo: June 7, 2019  
Date of Board Meeting: June 18, 2019

**Requested Action:** Approval of County Certification of Network Adequacy Data and Documentation Submission

**Mandated by:** 42 C.F.R. §§ 438.640 and 468.6060

## Funding

Budgeted? Yes  No

Revenue		Source(s)
Expenses		Budget attached
Difference		

**Background Information:** In accordance with Title 42 of the Code of Federal Regulations (C.F.R.), section 438.207, DHCS is required to certify to the Centers for Medicare and Medicaid Services that each Mental Health Plans network meets the Department of Health Care's Network Adequacy Standards. Each County's Chief Administrative Officer, or equivalent, must certify that the information submitted by the Mental Health Plan in their County is accurate, complete and truthful.

**Potential Issues to consider:** None

**Alternatives or Impacts of disapproval:** Sierra County would not be in compliance.



# Sierra County Health and Human Services

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## Social Services

P.O. Box 1019  
Loyalton, CA 96118  
202 Front Street  
(530) 993-6720  
Fax (530) 993-6767  
Vickie Clark- Director

## Public Health

P.O. Box 7  
Loyalton, CA 96118  
202 Front Street  
(530) 993-6700  
Fax (530) 993-6790  
Vickie Clark- Director

## Behavioral Health

P.O. Box 265  
Loyalton, CA 96118  
704 Mill Street  
(530) 993-6746  
Fax (530) 993-6759  
Lea Salas- Director  
Kathryn Hill- Clinical Director

## Human Services

**Satellite Office**  
P.O. Box 38  
Downieville, CA 95936  
22 Maiden Lane  
(530) 289-3711  
Fax (530) 289-3716

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June 10, 2019

Department of Health Care Services

RE: NACT Supporting Documents related to Surveys

To Whom It May Concern:

From March 1, 2019 until May 31, 2019 Sierra County did not conduct any additional surveys other than the Consumer Perception Survey.

A handwritten signature in blue ink that reads "Jamie Franceschini".

Jamie Franceschini  
Quality Improvement/Quality Assurance  
Sierra County Behavioral Health



## Sierra County Health and Human Services

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June 10, 2019

Department of Health Care Services

RE: NACT Supporting Documents related to Grievances and Appeals

To Whom It May Concern:

From March 1, 2019 until May 31, 2019 Sierra County has not received any Grievances or appeals related to Access, Timely Access, or Availability of Services.

A handwritten signature in blue ink, appearing to read "Jamie Franceschini".

Jamie Franceschini  
Quality Improvement/Quality Assurance  
Sierra County Behavioral Health

	Language Line Utilization for 24/7 Access Line	Language Line Utilization for Face-to-Face Service encounters	Language Line Utilization for Telehealth or Telephonic Service Encounters
Exhibit Name: Language Line Utilization	Telelanguage	Telelanguage	Telelanguage
Plan Name	Sierra Mental Health Plan	Sierra Mental Health Plan	Sierra Mental Health Plan
Reporting Period	March 1, 2019 - May 31, 2019	March 1, 2019 - May 31, 2019	March 1, 2019 - May 31, 2019
Total # encounters requiring language line services	0	0	0
# of encounters requiring language line services, stratified by language	0	0	0
Reason services could not be provided by bilingual provider/staff or contracted interpreter	NA	NA	NA

# **Sierra County Behavioral Health Provider Directory**

## **Sierra County Behavioral Health**

NPI: 1114145752

704 Mill Street

PO Box 265

Loyalton, CA 96118

(530)993-6747 Phone

(888)840-8418 24/7 Toll Free Access Line

(877) 332-2754 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

**Office Hours:** Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

**Language:** Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

**Public Transportation:** Sierra County does not have public transportation. However, the Loyalton Senior Center does have shuttle service available for a fee. Please call (530) 993-4770 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

**Accepting New Beneficiaries**

**ADA Accessible**

**Providers available at this site:**

**Thomas Bittker, MD**

Psychiatrist Service

NPI: 1861424988

License: C30013

Ages seen: 12 years to 99 years

Treatment Specialties: Board certified, forensic and clinical psychiatry

Cultural Specialties: None

Cultural Competency Training: Yes

**Andrew Goddard, M.D.**

Psychiatrist Service

NPI: 1346294725

License: C132659

Ages Seen: 20 years to 99 years

Treatment Specialties: Board certified

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Oliver Ocskay, Ph.D.**

Psychologist Service

NPI: 1134140882

License: PSY6480

Ages Seen: 18 years to 99 years

Treatment Specialties: Attachment disorders, court assessments, depression, anxiety, trauma, domestic violence, dual diagnosis, personality disorders, chronic severe and persistent mental illness, behavior modification, CBT, PTSD, Awareness practices

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Not Accepting New Patients**

**Mary Lowe, LMFT**

Licensed Marriage and Family Therapist

NPI: 1063534865

License: MFC36473

Ages Seen: 3 years to 99 years

Treatment Specialties: Play therapy, severely emotionally disturbed youth, children, adolescents, adults, dual diagnosis, attachment disorders, depression, anxiety, trauma, domestic violence, Child Protective Services, SUD

Cultural Specialties: LGBTQ

Cultural Competency Trainings: yes

**Kathryn Hill, LMFT**

Licensed Marriage and Family Therapist

NPI: 1336443852

License: MFC25653

Ages Seen: 12 years to 99 years

Treatment Specialties: Bereavement, grief, depression, anxiety, trauma, EDMR, Hospice: end of life issues, sexual abuse treatment-victim, PTSD, family therapy, EDMR, CBT, somatics and awareness practices, Substance Use Disorders

Cultural Specialties: LGBTQ

Cultural Competency Trainings: Yes

**Earl Daniel Henson, CAODC**

Certified Alcohol and Other Drug Counselor

NPI: 1528550530

License: 6174

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

**Not Accepting New Patients**

**Robert Szopa. CADC II**

Certified Alcohol and Drug Counselor

NPI: 1457612996

Certification: A052400218

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

**Sierra County Behavioral Health**

NPI: 1114145752

22 Maiden Lane

PO Box 38

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(888)840-8418 24/7 Toll Free Access Line

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**Public Transportation:** Sierra County does not have public transportation. However, Golden Rays does have shuttle service available for a fee. Please call (530) 798-8555 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

**Accepting New Beneficiaries**  
**ADA Accessible**

**Providers available at this site:**

**Thomas Bittker, MD**

Psychiatrist Service

NPI: 1861424988

License: C30013

Ages seen: 12 years to 99 years

Treatment Specialties: Board certified, forensic and clinical psychiatry

Cultural Specialties: None

Cultural Competency Training: Yes

**Andrew Goddard, M.D.**

Psychiatrist Service

NPI: 1346294725

License: C132659

Ages Seen: 20 years to 99 years

Treatment Specialties: Board Certified

Cultural Specialties: None

Cultural Competency Trainings: Yes

**Barbara Coffman, LMFT**

Licensed Marriage and Family Therapist

NPI: 1740420777

License: 33434

Ages Seen: 13 years to 99 years

Treatment Specialties: Childhood abuse recovery, with specific training in sexual abuse recovery, Trauma, PTSD, Victims of Crime

Cultural Specialties: Has worked with many different cultures and ethnic groups but no special training in any one culture

Cultural Competency Trainings: Yes

**Earl Daniel Henson, CAODC**

Certified Alcohol and Other Drug Counselor

NPI: 1528550530

License: 6174

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

**Not Accepting New Patients**

**Robert Szopa. CADC II**

Certified Alcohol and Drug Counselor

NPI: 1457612996

Certification: A052400218

Ages Seen: 12 years to 99 years

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waived, or registered mental health providers and licensed substance use disorder services providers are listed on the Plan's provider directory.

# *"Language Assistance"*

## **LANGUAGE ASSISTANCE**

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### **English**

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-840-8418 (TTY: 711).

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 1-888-840-8418. (TTY: 711)

### **Español (Spanish)**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Tiếng Việt (Vietnamese)**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Tagalog (Tagalog– Filipino)**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

## 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). 번으로 전화해 주십시오.

## 繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100])。

## 日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).まで、お電話にてご連絡ください。

**Hmoob (Hmong)** LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

## ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **ខ្មែរ (Cambodian)**

ប្រយ័ត្ន៖ វេ រើសិនជាអ្នកនិយាយ ភាសាខ្មែរ ,  
រសវាជំនួយមននកភាសា រោយមិនគិតថ្លៃ  
គឺអាចមានសំរាប់ វេ រើអ្នក។ ចូ ទូ ស័ព្ទ [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).។

### **ພາສາລາວ (Lao)**

ໂບດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ,  
ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ,  
ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

### **Հայերեն (Armenian)**

ՈՒՇԱՂՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ  
անվճար կարող են տրամադրվել լեզվական  
աջակցություն ծառայություններ: Չանգահարեք [1-530-993-6747 / 1-888-840-8418] (TTY (հեռատիպ)՝ [711 / 1-800-855-7100]).

### **Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам  
доступны бесплатные услуги перевода. Звоните [1-530-993-6747 / 1-888-840-8418] (телетайп: (TTY: [711 / 1-800-855-7100]).

## ی فارسی (Farsi)

ی زبان لاتیسه، دیکن یم گفتگو ی فارسی زبان به اگر: توجه  
شما ی براگان یرا بصورت  
[1-530-993-6747 / 1-888-840-8418] (TTY:  
[711 / 1-800-855-7100]). دی ری بگ تماس.

## ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬ ਬੋਲਿ ਰੋ, ਤਾੀਂ ਭਾਸ਼ਾ ਧ ਿੱਚ  
ਸਹਾਇਤਾ ਸੇ ਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। [1-530-993-6747 / 1-  
888-840-8418] (TTY: [711 / 1-800-855-7100]). 'ਤੇ ਕਾਲ ਕਰੋ।

## العربية (Arabic)

اللغوية المساعدة خدمات فإن، اللغة اذكر تتحدث كنت إذا: ملحوظة  
[1-530-993-6747 / 1-888-  
840-8418] برقم اتصل. بالمجان لك تتوافر  
(TTY: [711 / 1-800-855-7100]). والىكم الصم هاتف رقم

हिंदी (Hindi) ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त  
में भाषा सहायता सेवाएं उपलब्ध हैं। [1-530-993-6747 / 1-888-  
840-8418] (TTY: [711 / 1-800-855-7100]). पर कॉल करें।

## C-1 Provider Counts

Use the table below to enter the **total/sum** of existing number of rendering providers in the network. Provider counts should be based on full-time equivalents (FTE) and a FTE equates to one provider who works 40-hours per week. FTE includes administrative hours, assessment, treatment, etc. corresponding to the age group served.

Age Group Served	Licensed Psychiatrist	Licensed Physicians	Licensed Psychologists	Licensed Clinical Social Workers	Marriage and Family Therapists	Registered Nurses	Certified Nurse Specialists	Nurse Practitioners	Licensed Vocational Nurses
0-20	0.0	0.0	0.0	0.0	0.2	0.0	0.0	0.0	0.0
21+	0.3	0.0	0.0	0.0	0.6	0.0	0.0	0.0	0.0
All Ages	0.0	0.0	0.0	0.0		0.0	0.0	0.0	0.0
<b>Total FTEs</b>	<b>0.3</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.8</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>	<b>0.0</b>

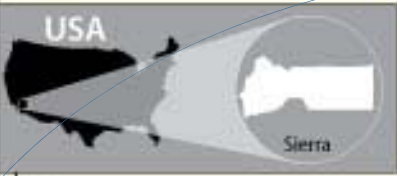
\* FTEs should include all county and contracted providers. To prevent duplicate counts, only select one age group served per rendering provider.



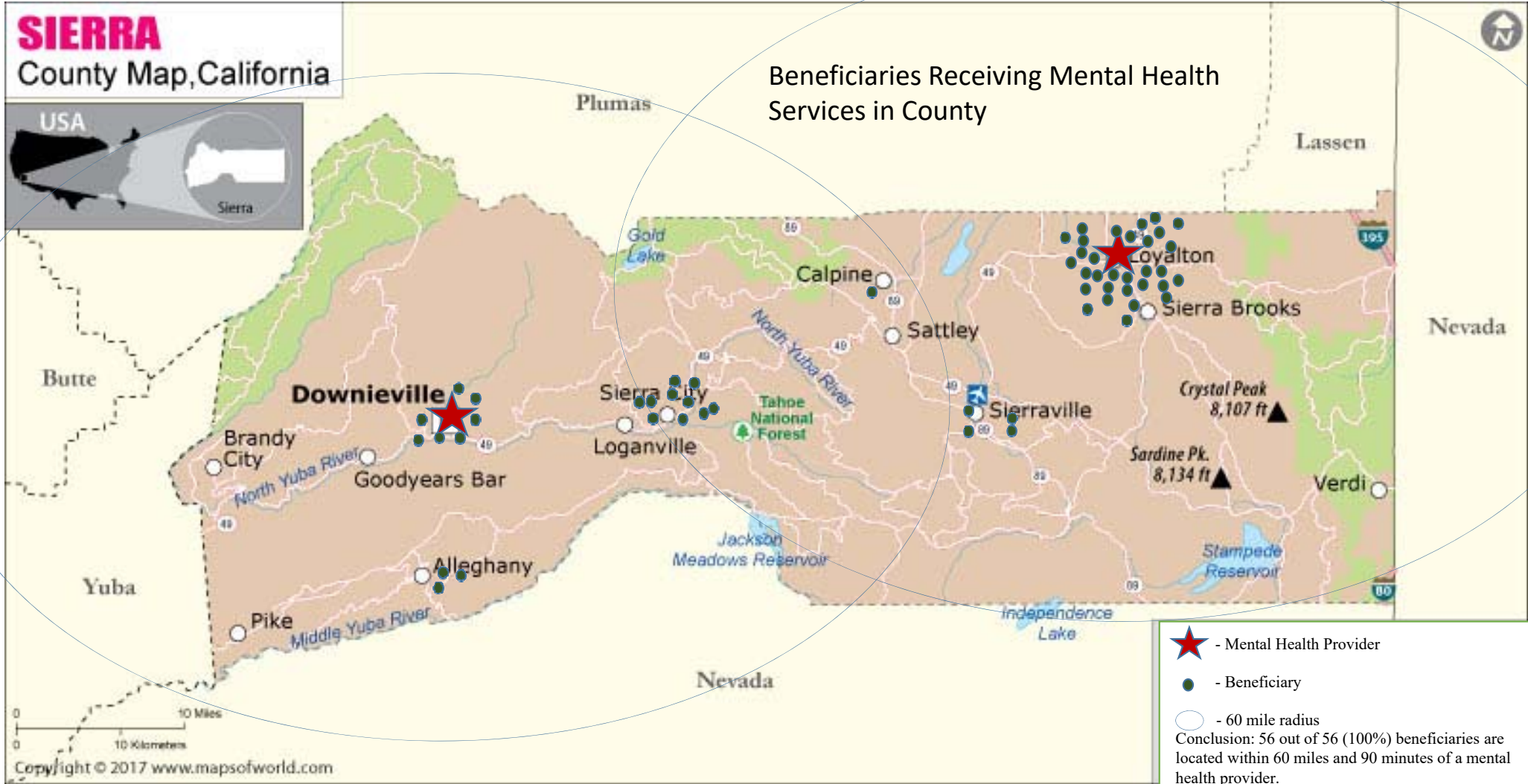



Other Qualified Providers	Total
0.0	<b>0.2</b>
0.0	<b>0.9</b>
0.0	<b>0.0</b>
<b>0.0</b>	<b>1.1</b>


# SIERRA County Map, California




## Beneficiaries Receiving Mental Health Services in County



 - Mental Health Provider

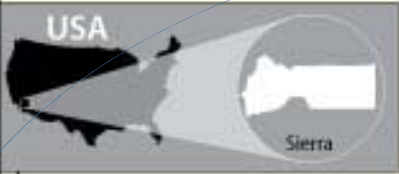
 - Beneficiary

 - 60 mile radius

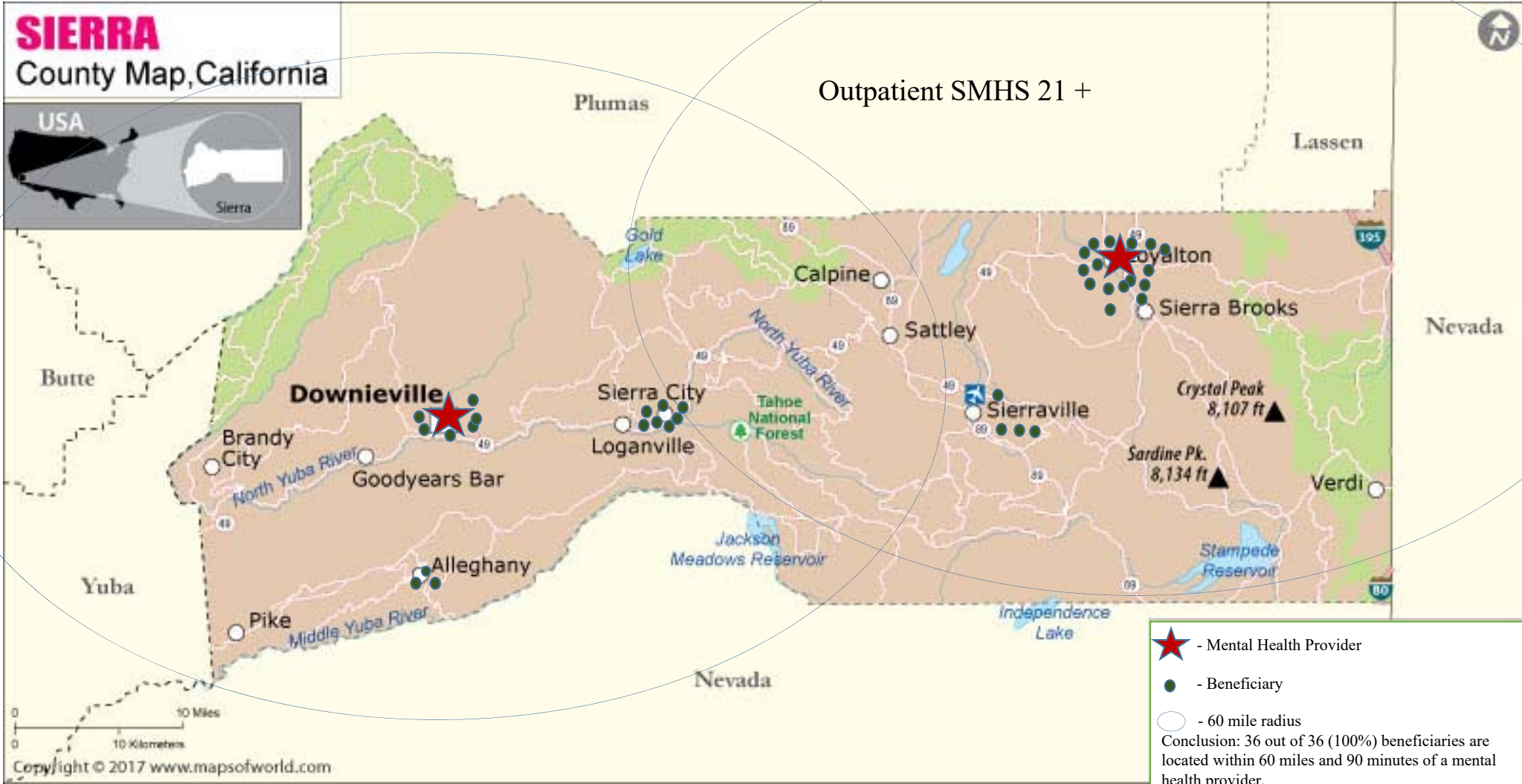
Conclusion: 56 out of 56 (100%) beneficiaries are located within 60 miles and 90 minutes of a mental health provider.

# SIERRA

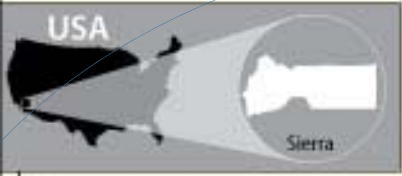
## County Map, California



Outpatient SMHS 21 +



# SIERRA County Map, California

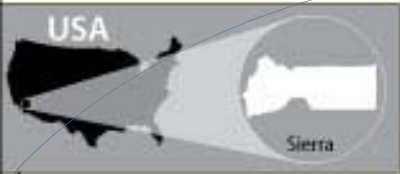


Outpatient SMHS 0-20





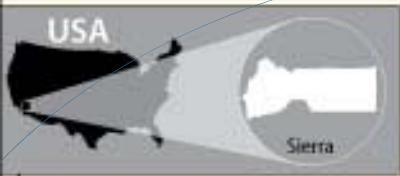
# SIERRA County Map, California



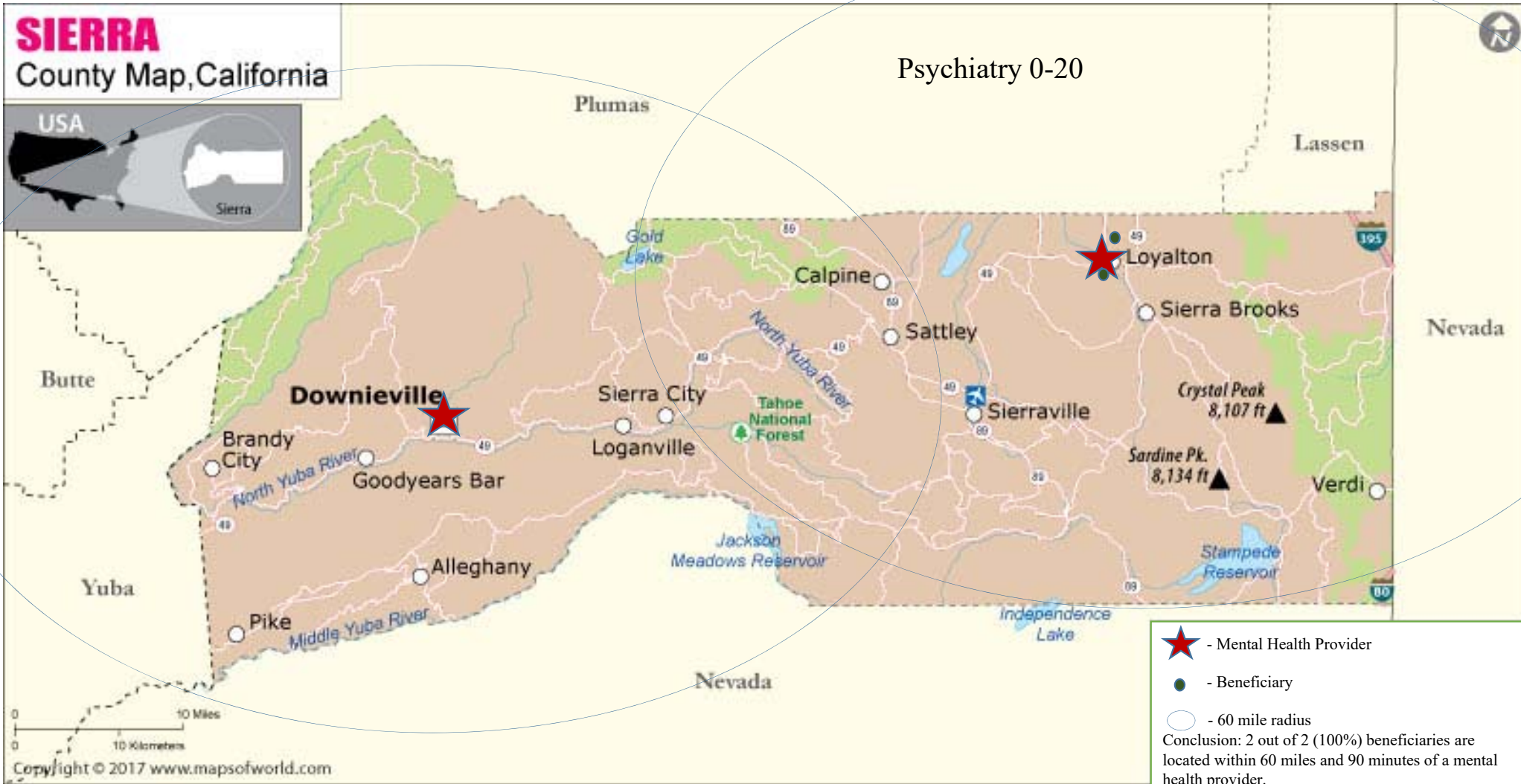
Psychiatry 21+





# SIERRA County Map, California




Psychiatry 0-20



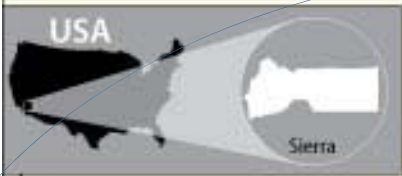
 - Mental Health Provider

 - Beneficiary

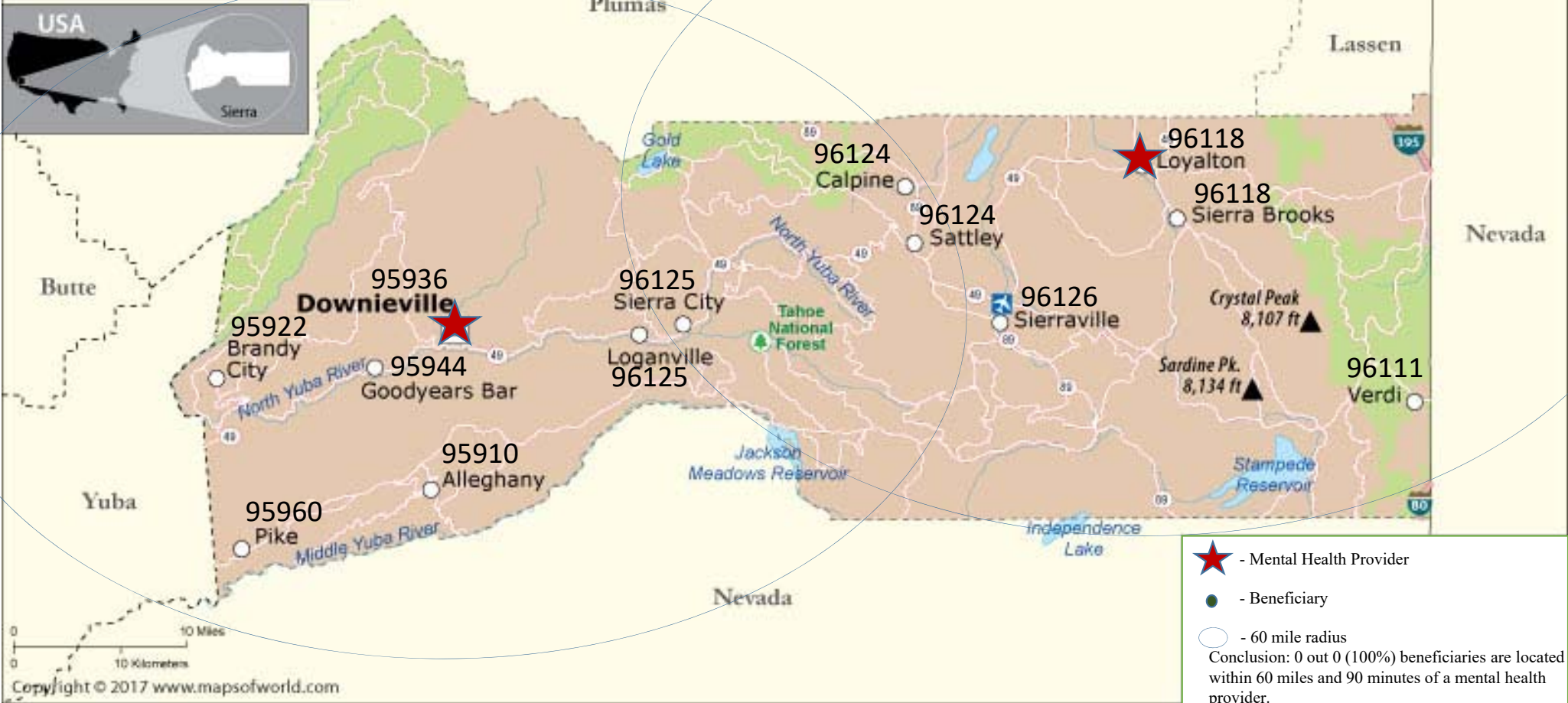
 - 60 mile radius

Conclusion: 2 out of 2 (100%) beneficiaries are located within 60 miles and 90 minutes of a mental health provider.

# SIERRA County Map, California



Zip Codes



- Mental Health Provider

- Beneficiary

- 60 mile radius

Conclusion: 0 out of 0 (100%) beneficiaries are located within 60 miles and 90 minutes of a mental health provider.





# Sierra County Health and Human Services

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Lea Salas- Director  
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## Human Services

Satellite Office  
P.O. Box 38  
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## COUNTY CERTIFICATION OF NETWORK ADEQUACY DATA AND DOCUMENTATION SUBMISSION

I, Lea Salas,  
hereby certify that I am the Director of Sierra County, or the Director's designee, for Sierra County. In accordance with Title 42 of the Code of Federal Regulations, sections 438.604 and 438.606, I attest on behalf of Sierra County Mental Health Plan (MHP) that the submission of data, information and documentation to the Department of Health Care Services (DHCS) in support of assurances as required in 438.207 is accurate, complete, and truthful based upon best information, knowledge, and belief. I understand that the documentation submitted will form the basis for DHCS' certification that the MHP has complied with the State's requirements for the availability and accessibility of services, including the adequacy of the provider network.

I certify to the accuracy of the following data, information and documentation, submitted to DHCS, on July 1, 2019:

- Network Adequacy Certification Tool (NACT)
- Additional Surveys
- Grievance and Appeals
- Language Line Utilization Chart
- Native Services
- Provider Directory
- MAPS

Printed Name: Lea Salas

Signature: 

Title: Administrative Director of Behavioral Health

Date: June 18, 2019



**COUNTY CERTIFICATION OF NETWORK ADEQUACY DATA AND  
DOCUMENTATION SUBMISSION**

I, \_\_\_\_\_,  
hereby certify that I am the County Administrative Officer (CAO), or equivalent, for  
Sierra County. In accordance with Title 42 of the Code of Federal Regulations, sections  
438.604 and 438.606, I attest on behalf of Sierra County Mental Health Plan (MHP) that  
the submission of data, information and documentation to the Department of Health  
Care Services (DHCS) in support of assurances as required in 438.207 is accurate,  
complete, and truthful based upon best information, knowledge, and belief. I understand  
that the documentation submitted will form the basis for DHCS' certification that the  
MHP has complied with the State's requirements for the availability and accessibility of  
services, including the adequacy of the provider network.

I certify to the accuracy of the following data, information and documentation, submitted  
to DHCS, on July 1, 2019:

- Network Adequacy Certification Tool (NACT)
- Additional Surveys
- Grievance and Appeals
- Language Line Utilization Chart
- Native Services
- Provider Directory
- MAPS

**Printed Name:** Paul Roen

**Signature:** \_\_\_\_\_

**Title:** Chairman, Sierra County Board of Supervisors

**Date:** June 18, 2019