Sierra County Behavioral Health Provider Directory

Sierra County Behavioral Health
NPI: 1114145752
704 Mill Street
PO Box 265
Loyalton, CA 96118
(530)993-6747 Phone
(888)840-8418 24/7 Toll Free Access Line
(877) 332-2754 Sierra County Crisis Line
http://www.sierracounty.ca.gov/181/Behavioral-Health

Office Hours: Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

Language: Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

Public Transportation: Sierra County does not have public transportation. However, the Loyalton Senior Center does have shuttle service available for a fee. Please call (530) 993-4770 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

Accepting New Beneficiaries
ADA Accessible

Providers available at this site:

Thomas Bittker, MD
Psychiatrist Service
NPI: 1861424988
License: C30013
Ages seen: 12 years to 99 years
Treatment Specialties: Board certified, forensic and clinical psychiatry
Cultural Specialties: None
Cultural Competency Training: Yes
Andrew Goddard, M.D.
Psychiatrist Service
NPI: 1346294725
License: C132659
Ages Seen: 20 years to 99 years
Treatment Specialties: Board certified
Cultural Specialties: None
Cultural Competency Trainings: Yes

Oliver Ocskay, Ph.D.
Psychologist Service
NPI: 1134140882
License: PSY6480
Ages Seen: 18 years to 99 years
Treatment Specialties: Attachment disorders, court assessments, depression, anxiety, trauma, domestic violence, dual diagnosis, personality disorders, chronic severe and persistent mental illness, behavior modification, CBT, PTSD, Awareness practices
Cultural Specialties: None
Cultural Competency Trainings: Yes

Mary Lowe, LMFT
Licensed Marriage and Family Therapist
NPI: 1063534865
License: MFC36473
Ages Seen: 3 years to 99 years
Treatment Specialties: Play therapy, severely emotionally disturbed youth, children, adolescents, adults, dual diagnosis, attachment disorders, depression, anxiety, trauma, domestic violence, Child Protective Services, SUD
Cultural Specialties: LGBTQ
Cultural Competency Trainings: yes

Kathryn Hill, LMFT
Licensed Marriage and Family Therapist
NPI: 1336443852
License: MFC25653
Ages Seen: 12 years to 99 years
Treatment Specialties: Bereavement, grief, depression, anxiety, trauma, EDMR, Hospice: end of life issues, sexual abuse treatment-victim, PTSD, family therapy, EDMR, CBT, somatics and awareness practices, Substance Use Disorders
Cultural Specialties: LGBTQ
Cultural Competency Trainings: Yes
Earl Daniel Henson, CAODC  
Certified Alcohol and Other Drug Counselor  
NPI: 1528550530  
License: 6174  
Ages Seen: 12 years to 99 years  
Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling  
Cultural Specialties: None  
Cultural Competency Training: Yes  
Not Accepting New Patients

Robert Szopa. CADC II  
Certified Alcohol and Drug Counselor  
NPI: 1457612996  
Certification: A052400218  
Ages Seen: 12 years to 99 years  
Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling  
Cultural Specialties: None  
Cultural Competency Training: Yes

Sierra County Behavioral Health  
NPI: 114145752  
22 Maiden Lane  
PO Box 38  
Downieville, CA  95936  
(530)289-3711 Phone  
(888)840-8418 24/7 Toll Free Access Line  
(877) 332-2754 Sierra County Crisis Line  
http://www.sierracounty.ca.gov/181/Behavioral-Health

Office Hours: Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

Language: Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

Public Transportation: Sierra County does not have public transportation. However, Golden Rays does have shuttle service available for a fee. Please call (530) 798-8555 for availability. If
a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

**Accepting New Beneficiaries**
**ADA Accessible**

**Providers available at this site:**

**Thomas Bittker, MD**  
Psychiatrist Service  
NPI: 1861424988  
License: C30013  
Ages seen: 12 years to 99 years  
Treatment Specialties: Board certified, forensic and clinical psychiatry  
Cultural Specialties: None  
Cultural Competency Training: Yes

**Andrew Goddard, M.D.**  
Psychiatrist Service  
NPI: 1346294725  
License: C132659  
Ages Seen: 20 years to 99 years  
Treatment Specialties: Board Certified  
Cultural Specialties: None  
Cultural Competency Trainings: Yes

**Barbara Coffman, LMFT**  
Licensed Marriage and Family Therapist  
NPI: 1740420777  
License: 33434  
Ages Seen: 13 years to 99 years  
Treatment Specialties: Childhood abuse recovery, with specific training in sexual abuse recovery, Trauma, PTSD, Victims of Crime  
Cultural Specialties: Has worked with many different cultures and ethnic groups but no special training in any one culture  
Cultural Competency Trainings: Yes

**Earl Daniel Henson, CAODC**  
Certified Alcohol and Other Drug Counselor
NPI: 1528550530
License: 6174
Ages Seen: 12 years to 99 years
Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling
Cultural Specialties: None
Cultural Competency Training: Yes
**Not Accepting New Patients**

**Robert Szopa. CADC II**
Certified Alcohol and Drug Counselor
NPI: 1457612996
Certification: A052400218
Ages Seen: 12 years to 99 years
Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling
Cultural Specialties: None
Cultural Competency Training: Yes

Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waiver, or registered mental health providers and licensed substance use disorder services providers are listed on the Plan’s provider directory.
ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-840-8418 (TTY: 711).

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 1-888-840-8418. (TTY: 711)
한국어 (Korean)
주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). 번으로 전화해 주십시오.

繁體中文 (Chinese)
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

日本語 (Japanese)
注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). まで、お電話にてご連絡ください。

Hmoob (Hmong) LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

ภาษาไทย (Thai)
เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ที่ [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).
Cambodian

ព្រោះគេសម្រេចចិត្តនឹងការរសជាតិ ខ្លាំង និងព្រោះប្រសើរបញ្ជាទុករឹមបាន ក្នុងការទទួលបាន សេវារបស់អ្នក។

Lao

พบ៓វ៉ែង: ទឹកខ្លាំងជាចិត្តទឹកស្រើវ៉ែង ទឹកប្រុងប្រយ័ត្និចិត្តទឹកស្រើវ៉ែង និងនារីស្រើវ៉ែង វ៉ែងមានទឹកជាចិត្តទឹកស្រើវ៉ែង [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Զանգահարեք [1-530-993-6747 / 1-888-840-8418] (TTY (հեռատիպ)՝ [711 / 1-800-855-7100]).

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните [1-530-993-6747 / 1-888-840-8418] (телетайп: (TTY: [711 / 1-800-855-7100]).
توجه
شما گانی را بصورت
باشند یا فراهم
باید یک تماس.
[۱-۵۳۰-۹۹۳-۶۷۴۷ / ۱-۸۸۸-۸۴۰-۸۴۱۸] (TTY:
[۷۱۱ / ۱-۸۰۰-۸۵۵-۷۱۰۰]).

پنجابی (Punjabi)
یکی از نسخه‌های پنجابی داده شده، اگر این شاخص ماغنیا می‌تواند کاملاً مالکیت این
یم کند. [۱-۵۳۰-۹۹۳-۶۷۴۷ / ۱-۸۸۸-۸۴۰-۸۴۱۸] (TTY: [۷۱۱ / ۱-۸۰۰-۸۵۵-۷۱۰۰]). وعده
بگذارید.

العربیة (Arabic)
اللغوية المساعدة خدمات فیان، اللغة اذكر تتحددت كنت إذا ملحوظة
بـرقم اتصال بالمجـان لك تتوافـر
[۱-۵۳۰-۹۹۳-۶۷۴۷ / ۱-۸۸۸-
۸۴۰-۸۴۱۸]
والبکـم الـصمـ هنـاف رقم
(TTY: [۷۱۱ / ۱-۸۰۰-۸۵۵-۷۱۰۰]).

ہندی (Hindi) دیکھیں: یہدی آپہندی بولتے ہے تا آپکے لیے مفیت
میں بھاشا سہاہتا سےاپاآپکے لیے مفیت
[۱-۵۳۰-۹۹۳-۶۷۴۷ / ۱-۸۸۸-
۸۴۰-۸۴۱۸] (TTY: [۷۱۱ / ۱-۸۰۰-۸۵۵-۷۱۰۰]). پر کال کرے۔