

Sierra County Behavioral Health Provider Directory

Sierra County Behavioral Health

NPI: 1114145752

704 Mill Street

PO Box 265

Loyalton, CA 96118

(530)993-6746 Phone

(888)840-8418 24/7 Toll Free Access Line

(877)757-0029 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

Office Hours: Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

Language: Translation services are available upon request at no charge to the beneficiary for preferred languages. Spanish Interpreter available on request. Telelanguage available.

Public Transportation: Sierra County does not have public transportation. However, the Loyalton Senior Center does have shuttle service available for a fee. Please call (530) 993-4770 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

Accepting New Beneficiaries

ADA Accessible

Providers available at this site:

Thomas Bittker, MD

Psychiatrist Service

NPI: 1861424988

License: C30013

Ages seen: 12 years and older

Treatment Specialties: Board certified, forensic and clinical psychiatry

Cultural Specialties: None

Cultural Competency Training: Yes

Darin Gould, M.D.

Psychiatrist Service

NPI: 1376718023

License: C161437

Ages Seen: 5 years and older

Treatment Specialties: Board certified

Cultural Specialties: None

Cultural Competency Trainings: Yes

Oliver Ocskay, Ph.D.

Psychologist Service

NPI: 1134140882

License: PSY6480

Ages Seen: 18 years and older

Treatment Specialties: Attachment disorders, court assessments, depression, anxiety, trauma, domestic violence, dual diagnosis, personality disorders, chronic severe and persistent mental illness, behavior modification, CBT, PTSD, Awareness practices

Cultural Specialties: None

Cultural Competency Trainings: Yes

Mary Lowe, LMFT

Licensed Marriage and Family Therapist

NPI: 1063534865

License: MFC36473

Ages Seen: 3 years and older

Treatment Specialties: Play therapy, severely emotionally disturbed youth, children, adolescents, adults, dual diagnosis, attachment disorders, depression, anxiety, trauma, domestic violence, Child Protective Services, SUD

Cultural Specialties: LGBTQ

Cultural Competency Trainings: yes

Kimball Pier, Ph.D., LMFT, SEP

Licensed Marriage and Family Therapist

NPI: 1033303441

License: 44285

Ages Seen: 15 years and older

Treatment Specialties: Trauma, PTSD, depression, anxiety, relationship and family issues, addiction and recovery, attachment issues

Cultural Specialties: rural populations, awareness of white privilege in a multicultural world

Cultural Competency Trainings: Yes

Kathryn Hill, LMFT

Licensed Marriage and Family Therapist

NPI: 1336443852

License: MFC25653

Ages Seen: 12 years and older

Treatment Specialties: Bereavement, grief, depression, anxiety, trauma, EDMR, Hospice: end of life issues, sexual abuse treatment-victim, PTSD, family therapy, EDMR, CBT, somatics and awareness practices, Substance Use Disorders

Cultural Specialties: LGBTQ

Cultural Competency Trainings: Yes

Alisha Woods, Psychological Assistant

Psychologist Service

NPI: 1972956068

License: 94022660

Ages Seen: 3 years and older

Treatment Specialties: Developmental Specialist, autism and trauma, sensory Integration, parenting children with special needs.

Cultural Specialties: Children with special needs.

Cultural Competency Trainings:

Robert Szopa. CADC II

Certified Alcohol and Drug Counselor

NPI: 1457612996

Certification: A052400218

Ages Seen: 12 years and older

Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling

Cultural Specialties: None

Cultural Competency Training: Yes

Sierra County Behavioral Health

NPI: 1104434372

22 Maiden Lane

PO Box 38

Downieville, CA 95936

(530)289-3711 Phone

(888)840-8418 24/7 Toll Free Access Line

(877)757-0029 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

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Cultural Competency Training: Yes

Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only

licensed, waived, or registered mental health providers and licensed substance use disorder services providers are listed on the Plan's provider directory.

"Language Assistance"

LANGUAGE ASSISTANCE

English

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-840-8418 (TTY: 711).

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 1-888-840-8418. (TTY: 711)

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). 번으로 전화해 주십시오.

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。
。請致電[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100])。。

日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). まで、お電話にてご連絡ください。

Hmoob (Hmong) LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

ខ្មែរ (Cambodian)

ប្រយ័ត្ន៖ រ រ ើសិនជាអ្នកនិយាយ ភាសាខ្មែរ ,
រសវាជំនួយមននកភាសា រោយមិនគិតថ្លៃ គឺអាចមានសំរា ំ
ំរ រ ើអ្នក។ ចូ ទូ ស័ព្ទ [1-530-993-6747 / 1-888-840-8418]
(TTY: [711 / 1-800-855-7100]).។

ພາສາລາວ (Lao)

ໂບດຊາບ: ຖ້າວ່າທ່ານເວົ້າພາສາລາວ,
ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ,
ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທຣ [1-530-993-6747 / 1-888-840-
8418] (TTY: [711 / 1-800-855-7100]).

Հայերեն (Armenian)

ՈՒՇԱՂՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ
անվճար կարող են տրամադրվել լեզվական
աջակցություն ծառայություններ: Չանգահարեք [1-530-
993-6747 / 1-888-840-8418] (TTY (հեռատիպ)՝ [711 / 1-
800-855-7100]).

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам
доступны бесплатные услуги перевода. Звоните [1-530-993-
6747 / 1-888-840-8418] (телетайп: (TTY: [711 / 1-800-855-
7100]).

فارسی (Farsi)

توجه: اگر بہ زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

TTY: فراہم می باشد. با [1-530-993-6747 / 1-888-840-8418] تماس بگیرید. [711 / 1-800-855-7100]

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬ ਬੋਲਿ ਹੋ, ਤੀਂ ਭਾਸ਼ਾ ਧਿੱਚ ਸਹਾਇਤਾ ਸੇ
ਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। [1-530-993-6747 / 1-888-840-
8418] (TTY: [711 / 1-800-855-7100])। 'ਤੇ ਕਾਲ ਕਰੋ।

العربية (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك
بالمجان. اتصل برقم [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).
رقم هاتف الصم والبكم

हिंदी (Hindi) ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त
में भाषा सहायता सेवाएं उपलब्ध हैं। [1-530-993-6747 / 1-888-
840-8418] (TTY: [711 / 1-800-855-7100]). पर कॉल करें।