Sierra County Offers Veterans’ Peer Support Services

Veterans’ Peer Support

The Veterans’ Peer Support Specialist provides direct and indirect peer support services to veterans and/or their family, as part of the overall goal of identifying and assisting veterans in accessing available and appropriate services. The Veterans’ Peer Support Specialist is a veteran so that support is based on shared experiences.

What is peer support?

Peer Support is a system of giving and receiving help founded on key principles of respect, shared responsibility, and mutual agreement….it is about understating another’s situation empathically through shared experiences…”*

*Sherry Mead

Veterans’ Peer Support services are not to be considered as, or to replace, the California Veterans’ Officer and/or Office.

Veterans’ Peer Support Specialist:

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