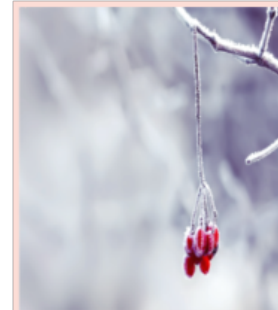
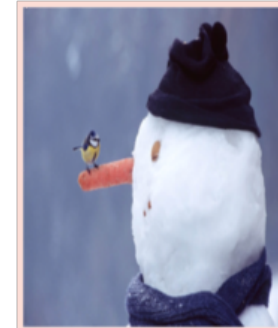


J A N U A R Y 2 0 1 9

# Sierra County Wellness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 <b>County Offices Closed</b>	2 <b>Warm &amp; Fuzzy Day Movie &amp; Hot cocoa</b> 1p	3	4 Closed Food Bank @ Catholic church 3p	5	6
7	8 Senior Center Stretch & Balance 1pm *Call Center first	9 <b>Board Game Activity</b> 1p	10	11 Closed	12	13
14	15 Senior Center Stretch & Balance 1pm *Call Center first	Seasonal Craft @ 1pm	17 <b>Inasmuch Pantry 9:30a</b>	18 Closed Food Bank @ Catholic church 3p	19	20
21	22 Senior Center Stretch & Balance 1pm *Call Center first	23 <b>Cookie Making @ 1pm</b>	24	25 Closed	26	27
28	29 Senior Center Stretch & Balance 1pm *Call Center first	30 Seasonal Craft @ 1p	31			
NOTES:						
<p style="text-align: center;"><b>Drop In Hours Monday - Thursday 9:30a-3:30p</b> <b>Closed 12-12:30 for lunch</b></p> <p style="text-align: center;">* Call Senior Center first to make sure its going on (530)993-4770</p>						



Sierra County  
Wellness Center  
207 Front Street  
Loyalton, Ca 96118  
(530)993-6728

**Staff**  
Linda: 530-993-6755  
Brandie: 530-993-6731