



Sierra County Health and Human Services

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4/19/2019

Health Advisory: Be Alert for Measles

SIERRA COUNTY, Calif. – Due to the rise in measles cases in the neighboring Counties of Butte, Shasta, and Placer, Sierra County Health Officer Dr. Celia Sutton-Pado has released a Measles advisory. There are NO reported cases of measles in Sierra County at this time.

What are Measles and the Symptoms?

Measles is a very contagious diseases caused by a virus. Infection with the virus can have very serious implications. It spreads through the air when an infected person coughs or sneezes.

- Fever, possibly very high.
- Cough, runny nose, and red watery eyes.
- Rash of tiny, red spots starting on head or neck, then spreading to the rest of the body

If you think you have symptoms of measles - **Immediately call your doctor** and let him or her know about your symptoms you are having. DO NOT go to a clinic, hospital or physician's office before calling their facility and do not go into public places to prevent spreading the disease to others.

Who does not need vaccination from measles?

You do not need measles, mumps, and rubella (MMR) vaccine if:

- You have written documentation of two doses of MMR
- You were born before 1957

If you are unsure of your vaccine status, it is safe to a receive a booster of MMR vaccine.

Everyone can help prevent the spread of measles by checking their vaccination status, getting vaccinated if needed, monitoring themselves and their families for symptoms.

Measles Information from the CDC: <https://www.cdc.gov/measles/index.html>

MMR Vaccine Recommendations: <https://www.cdc.gov/vaccines/vpd/measles/index.html>

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