



# Sierra County Health and Human Services

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Vickie Clark- Director

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## PRESS RELEASE

### FOR IMMEDIATE RELEASE

#### Two New Cases of COVID-19 in Sierra County

On November 8, 2020, Sierra County Public Health received notification of a eighth and ninth positive COVID-19 test result for residents of Sierra County. The individuals are isolating in their homes and the households are quarantining. The case investigation is on-going. All close contacts identified will be contacted by a member of Public Health. A close contact is defined by the [CDC](#) as within 6 feet for more than 15 minutes 2 days prior to symptom onset.

If you believe you have been a close contact of somebody testing positive, stay home and monitor yourself for symptoms for 14 days since last contact. Consider being tested if symptoms develop. Options for testing are listed on the [Sierra County Website](#), or call your health care provider.

As you are aware, cases of COVID-19 continue to increase in our neighboring counties and cities where many of our residents work and shop. This is not a time to let down our guard. With the holiday season upon us, every person has a role to play in limiting the spread of COVID-19.

- ❖ Limit visiting to family and friends from a cohort or bubble and avoid larger gatherings.
- ❖ If you have to attend a gathering, wear a face covering.
- ❖ Wash your hands with soap and water often, especially after you have been in a public place.
- ❖ Wear a face covering when in businesses, at school, or unable to maintain 6 feet distance.
- ❖ When feeling sick stay home.

Thank you for your patience and understanding as we stand together to beat this disease.

Celia Sutton-Pado, MD  
Public Health Officer  
Sierra County

For more information, please go to: <http://sierracounty.ca.gov/COVID-19>  
Email: [COVID19@sierracounty.ca.gov](mailto:COVID19@sierracounty.ca.gov)

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