



Jeffrey D. Bosworth
Chief Probation Officer

Probation Department Sierra County

P.O. Box 67
Downieville, California 95936
(530) 289-3277
FAX (530) 289-2821



Hon. Charles H. Ervin
Hon. Yvette Durant
Superior Court Judges

NOTICE OF MEETING AND AGENDA

JUVENILE JUSTICE COORDINATING COUNCIL

Monday, April 8, 2019

2:30pm

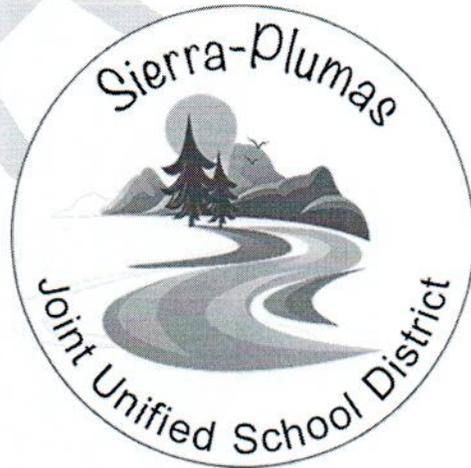
The Sierra County Juvenile Justice Coordinating Council will meet on Monday, May 14, 2018 at 1:30 p.m. in the main courtroom, Courthouse, Downieville, CA. All interested persons are invited to attend.

Call meeting to order

1. Approval of Agenda
2. Introduction of members
3. Public Comment Opportunity. (Public comment is limited to three minutes per person and not more than three individuals addressing the same subject).
4. Update on proposals submitted to the Board of Supervisors for High Sierra Family Services and Friday Night Live.
5. Continued discussion and review proposals for juvenile delinquency and truancy reduction in Sierra County as submitted by:
 - Outdoor Learning Program (Merrill Grant)
 - Sierra Nevada Journeys (Sharon Dryden)
6. Next Meeting Date

Adjourn

Funding Request for Sierra County Behavioral Health and Sierra County Office of Education's Outdoor Learning Program



Sierra County Behavioral Health & Sierra County Office of Education (SPJUSDS) Outdoor Learning

Proposal:

This is a request asks JJCC to sponsor an outdoor learning program by providing at least \$8,000 on a recurring annual basis. JJCC's funding will be used to pay Tahoe Adventure Company to use their equipment, insurance, and expertise to ensure a safe, wholesome environment at tested locations for our Sierra County students to work in. JJCC's support will allow Sierra County Office of Education and Sierra County Behavioral Health Prevention to provide a series of outdoor learning workshops that will be conducted throughout summer and may include a few winter activities.

Goal:

- Reduce the effects of preexisting key emotional and developmental characteristics that lead to the creation of delinquent behavior.
- Create skills that youth can use to combat developing delinquent behaviors in the future and encourage individual growth that will also lead to positive long-term outcomes.
- Provide meaningful and comprehensive material in a manner that makes the information relevant and important to youth. When information is relevant the lessons are absorbed easier and students are more motivated to continually apply the skills in their lives on a daily basis.
- Use multiple teaching technics and motivational instruments to increase the likely hood of success.
- Support positive skill development and undermine comorbid behavioral habits before there is a need to correct larger delinquent behaviors that have a tendency to be lifelong faults.
- Students will be able to create connections with their peers and bring their relationships back to school. When youth feel connected to peers, delinquency and truancy is dramatically reduced.

Concepts:

Adolescence typically progresses through a series of stages and patterns as they develop delinquency tendencies and harmful habits. By the time major behavior issues have been flagged for correction or rehabilitation many underlying comorbid behavior issuers have already been solidified into the youth's personality. The creation of these habits make it extra difficult for youth to receive corrective positive instructions; therefore, we must target underlining behavior patterns before they have a chance to create larger delinquent behaviors.

Youth tend to **follow** a path toward delinquent and criminal behavior; if early intervention can occur, we have an opportunity to shape the path and the effects that risk factors have on the habits that our youth are developing. We also have the opportunity to reinforce positive developmental elements to combat the negative influences that could drive an individual to develop delinquent routines later in their adult lives. Resulting in both short term and long term corrections to prevent the onset of these behaviors and supports the long-term development of a youth's resilience in developing destruction behavior throughout their lives. Additionally many of our troubled/at need youth have formed negative associations with school and have difficulties learning in a traditional education setting. This program will allow for at-risk and other individuals to collaborate in a nontraditional environment. Students will build relationships with peers and adults, and learn social skills that will sustain future positive growth.

Research over the last two decades has shown that negative habits are both preventable and treatable¹. Under this prevention and early intervention framework, an increasing body of research is being conducted to determine which of the many existing programs are truly effective. Current literature indicates that effective programs are those that aim to act as early as possible and focus on known risk factors and the behavioral development of juveniles². The Office of Juvenile Justice and Delinquency Prevention created a list of recommendations that the following types of school and community prevention programs be employed to combat adverse behavioral and disrupt negative pattern development:

- Classroom and behavior management programs
- Multi-component classroom-based programs
- Social competence promotion curriculums
- Conflict resolution and violence prevention curriculums
- Bullying prevention programs
- Afterschool recreation programs
- Mentoring programs
- School organization programs
- Comprehensive community interventions

Outdoor Learning clearly fills 6 of the 9 recommended programs targeted factors by Juvenile Justice and Delinquency Prevention: behavior management, social competency, conflict resolution, afterschool recreation, bullying, and mentoring.

- Outdoor learning allows discovery of individual barriers and removing barriers translates to correcting a wide range of issues that impede adolescent academic achievement.
- Outdoor learning has been used around the world and has been discovered to assist in critical developmental components including learning and building confidence, pro-social skills, goal setting, and positive decision making.
- While activities are being administered, participants will regularly receive reinforced messages with behavior modification techniques that address adolescent concerns, dynamic enough to be adaptable for individual problems/weaknesses/strengths.
- In the absence of electronics and modern age distractions participants are interacting in close proximity whilst working on new and unfamiliar challenges. Translating into more opportunities to enhance communications skills, collaboration as they work to achieve workshop challenges.
- The unique set of projects and situations requires students to draw upon genuine team process skills as opposed to just functional ones.
- This is a challenge by choice program that teaches communicating skills, individual strengths and team camaraderie all the while having fun in the outdoors. The program promotes self-esteem and confidence that often leads to positive life choice. Outdoor Education and Teambuilding are evidence-based enrichment programs. Extensive research exhibits the life skills and positive benefits that outdoor education adventures provide.

Program Objectives:

Outdoor education activities can be administered twice per month during summer break June-August of each year for a total of 6 activities with the possibility of offering 1-2 winter activities. While administering outdoor learning activities we will reinforce behavior modification techniques that address adolescent concerns, dynamic enough to be adaptable for individual problems, weaknesses, and strengths.

Outdoor education has been used in many different settings and has been documented to have several positive influences on the social-emotional development of youth. Outdoor learning involves hands-on activities and youth will be exposed to lessons in a fun nontraditional manner without even knowing that they are learning lifelong, age-appropriate skills. Outdoor education, teambuilding and other enrichment programs like it promote self-esteem and confidence that leads to future positive life choices.

Research/benefits behind Outdoor Learning:

All studies report various outdoor learning activities to have positive effects on eroding key supports in delinquency; various outcomes include, attitudes, beliefs, interpersonal and social skills, academic skills, positive behavior, re-offending rates, and self-image³. Outdoor and wilderness learning programs included in the review were shown to have positive outcomes for youth offenders and 'at-risk' youths' recidivism rates, personal social, employability development and skills. Outdoor learning programs are also seen as providing important opportunities for participants to develop new positive relationships with adults⁴. The SMCI Associations (2013) concluded that although empirical evidence on the impacts of wilderness journeys is limited, substantial anecdotal evidence indicates the positive impacts of outdoor learning programs.

Outcomes	Description
Build self-confidence and self-esteem	Outdoor education helps to build confidence in children since every student learns how to interact with others. It also aims to bring children closer to nature, so they can understand how to manage life situations, and also come to terms with their own weaknesses and strengths. Outdoor education further enhances social and personal development in young children. Outdoor Education will release students from the tensions and complexities of modern life and find neutral ground upon which they can develop their own set of values and attitudes. Students will learn about themselves to enhance and strengthen their own self-concept, self-efficiency and improve their own self-expression.
Participants learn how to deal with risks	Outdoor education is that students know that risks and challenges can be solved in a responsible manner. They apply guided reflection to ensure they are able to deal with similar challenges in the future. Therefore, outdoor education transfers learning into real-life situations.
Independence	Through Outdoor Education students learn from their own strengths and weaknesses and persist in extending beyond their own self-imposed limitations to bring success in the most challenging of situations. Through successfully facing up to challenges, overcoming their fears and apprehensions students will make major strides in personal achievement and confidence.

Cooperation and Teambuilding	Students will become aware of the needs and the contribution of others to sustain effective relationships while on camp and in every aspect of their life. Students will learn to trust, care, be tolerant and be willing to give and accept support from others as they partake in adventurous activities.
Positive attitude	Outdoor education will enable students to learn to enjoy, relax, excite and express themselves and their positive thoughts will prevail. Students will gain a positive opt-in and can do attitude and will be in control of their own emotions, motivation and have a greater connection with their achievements.
Resilience	Students will tackle new challenges head-on and will learn to relish the unknown and not shun away from them. Students will harness the ability to bounce back from setbacks or challenges with confidence and optimism.
Leadership	Outdoor Education will teach students to lead others by first leading themselves. Students will learn to be confident of the direction they propose, the action they take and learn to engendered trust in others. As a leader, they will empower and inspire others to unite towards a common goal. Also, they learn the importance of working geared toward a common goal in order to reap maximum benefits.
Healthy Mind & Body	Being in the outdoors is great for the student's physical and mental health and wellbeing. Participating in outdoor activities will bring them strength, coordination, balance, and cardiovascular endurance. It will also improve their immunity and overall productivity. Being outdoors and participating in outdoor activities improves the student's critical thinking and enhances their cognitive skills.

Reoccurring costs:

- Instructor (2 minimal) for outdoor learning sessions. The class vs. instructor ratio should not exceed a 1 adult to 10 students. This will ensure adequate support and supervision – if adult volunteers cannot be found then the price to attain sufficient supervision will increase.
- Equipment costs and maintenance will be minimal because we will rent most equipment.
- Storage of expensive equipment is minimal because we will be able to use Tahoe Adventure Companies equipment.
- Meals (optional) \$10-\$15 per attendee depending on the learning activity. This can be eliminated if students are required to bring their own lunches or money for lunch.
- Transportation: gas, car, driver.
- Tahoe Adventure Company events

Biking	\$95 per person
Climbing	Depends on location
Kayak	\$85 per person
Sailing	\$1,900 for 12 participants
Hiking & Peak Climbing	\$65 per person
Stand up Paddleboard	\$70 per person
High Ropes Course	TBD
Snowshoe Tours	\$90 per person

Average cost is \$81 per student per trip (sailing, climbing and high ropes costs were not averaged into this price).

Drawbacks:

- Supervision should not exceed 10 students to 1 advisor during activities so additional advisors might be needed. We will use the staff at Tahoe Adventure Company most of the time so supervision should not usually be an issue.
- Age variations of participants. Different ages have different cognitive, social and physical characteristics. If the age range between the oldest and youngest is too large then we can presume that not all of the information, activities or concepts may be relevant to all ages. Therefore we may need this program to focus on targeting specific age groups; example 9th through 12th grades or students who are 15 years old through 18 years old.
- As we find more disadvantaged youth, with our reliable transportation we may need to increase the number pickup and drop-off locations. This, in turn, will increase the amount of time required for staff to transport students and can cause an increase in funds being expended for staff, gas and extra mileage.
- It is next to impossible to judge the outcomes of prevention strategies because we will never know what catastrophes and life-altering events were avoided.
- This program is built from pre-existing research and Evidence-Based programs that target delinquency and adverse behavior it is not an Evidence-Based Program.

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- 1) Dr. Nora Volkow, Director of the National Institute on Drug Abuse
 - 2) Loeber, Farrington, & Petechuk, 2003
 - 3) The Existing Evidence-Base about the Effectiveness of Outdoor Learning 2015
<https://www.giving-evidence.com>
 - 4) SMCI Associate (2013)



Our Mission is to deliver innovative outdoor, science-based education programs for youth to develop critical thinking skills and to inspire natural resource stewardship.

Sierra Nevada Journeys' Grizzly Creek Ranch Campus Use Agreement

This Agreement is made by and between Sierra Nevada Journeys, a Nevada and California Non-Profit Corporation, hereinafter referred to as "SNJ" and Washoe County School District (WCSD) Junior Reserve Officer Corps (JROTC) Camp, an independent organization, hereinafter referred to as "**Organization**" for the use of Grizzly Creek Ranch Campus, hereinafter referred to as "**GCR**".

Organization Name: Sierra County: Youth Programs

Organization Director: Sharon Dryden **Title:** _____

Organization Director Email: sdryden@sierracounty.ca.gov

Organization Address: **Street:** _____
City: _____ **State:** _____ **Zip:** _____

Phone: 530-993-4048 **Alternative phone/fax:** _____

DATES

First Day Program: Monday, August 19, 2019 Time: 9:00am

Last Day Program: Thursday, August 22, 2019 Time: 4:00pm

Meals: Sack lunches provided each day

Note: Organizations will not be permitted to arrive earlier than their contracted arrival time and are subject to additional fees if leaving later than contracted departure time.

Standard Food Agreement:

Type of Service: Standard Camp Service (cost included in nightly rate)

- Sierra Nevada Journeys standard Breakfast, Lunch, and Dinner for each participant is outlined in pre-planning menus. Any items not stated on the menu will incur additional charges, and must be confirmed in writing **30 days prior to day** of arrival.
- Standard beverages are outlined in pre-planning menus. If additional beverages are needed, arrangements must be made in advance and an additional fee may apply.
- Visitors and Guests can be accommodated. Approximate number of visitors and guests must be confirmed **3 weeks prior to your group's arrival** on campus. They will incur additional costs which will be invoiced post-visit. Additional number of meals for Guests/Visitors is \$15.00 per meal per person.
- Food preparation and storage in cabins, villages and yurts are not permitted. Limited storage for personal snacks or medical-related nutritional items is available in the Lodge and the Health Center.
- Food allergies or dietary requirements are to be confirmed with Program Director **30 days prior to day of arrival**.

Accommodation Agreement

Total Number of Attendees:	48
Total Number of Participants:	40
Total Number of Chaperones:	8

· Final number of attendees, staff and participants will be sent to SNJ Program Director **30 days prior to arrival** at campus and confirmed **3 weeks prior to arrival** at campus.

· Note: Groups will be charged for 80% of their contracted group size as confirmed **30-days prior to the arrival date**.

· Note: Adults who are a part of the needed child-to-adult supervisory ratio (reference table below) are included in the base fee. Those additional adults attending beyond the ratio are subject to GCR rates. Minimum age for adult supervisors is 18 years old and all adult supervisors require a background check.

<u>Camper Age (yrs.)</u>	<u>Adult Supervision Required</u>	<u>Overnight Campers</u>
< 5	1	5
6-8	1	6
9-14	1	8
15-18	1	10

Cabins and Villages Agreement

· GCR campus has cabins and lodges that will be utilized by other groups. As a day-use program, you agree to not enter the cabins or lodges utilized by another group.

Facility Agreement

· GCR is able to provide indoor program areas during your group’s stay for general use. No request is guaranteed and will be based upon other group needs unless exclusive use of the facility is contracted.

· The GCR Lodge houses a West and North Dining Hall/Meeting Room. Each room has a capacity for 176 occupants for a total of 352. Each room has a full audio-visual suite, Wi-Fi access as well as table and chairs. The Lodge is subject to sharing scheduled time with other guest groups particularly for meals and during inclement weather. Facility set up and confirmation due **30 days prior to arrival**.

· GCR’s Administration Building permits access to Fax, Wi-Fi and limited reproduction capability and capacity.

Programming Agreement:

Any requested changes to the Food, Facility or Programming Agreement must be submitted in writing to the appropriate Sierra Nevada Journeys Director, **30 days prior to arrival** of the group.

GCR commits to providing*:

- Facilities only: no programming
- Leadership and Collaborative Problem Solving (Challenge Course)
- Overnight Outdoor Learning Curriculum (OOL)
- Parent Information Night (note, Parent Information Nights cost an additional \$100.00 per event)

**Rates include all programming unless an outside vendor is utilized or specialized program equipment is requested by the Organization.*



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Rates and Payment Terms

Total Fees:	\$ 12,000.00
Standard Fees:	\$ 12,000.00
Package Rate	Flat facility & programming fee
Estimated number of participants:	# up to 40 children (chaperones up to 10 free)
Number of days per session:	# 4
Additional Fees:	\$ 0.00
Food Fees	\$ 0.00
Accommodation Fees:	\$ 0.00
Programming Fees:	\$ 0.00
Miscellaneous Fees/Discounts:	\$ 0.00

Payment Schedule:

Non-Refundable Deposit Amount (20%)	\$ 2,400.00	Due	<u>4/15/2019</u>
Final Payment	\$ 9,600.00	Due 3 wks prior to arrival	<u>4/24/2019</u>

Checks to be made out to: **Sierra Nevada Journeys**

Payments sent to: **Sierra Nevada Journeys
190 East Liberty Street
Reno, NV 89501**

WE HAVE READ AND UNDERSTAND THE ENTIRE CAMPUS USE AGREEMENT CONTRACT, INCLUDING THE FOOD, FACILITY AND PROGRAMMING AGREEMENTS, IF PRESENT, AND THE APPENDED TERMS AND CONDITIONS TO THE USE AGREEMENT CONTRACT. WE AGREE TO BE BOUND BY ALL OF THE PROVISIONS, TERMS AND CONDITIONS.

In Witness Whereof, the parties have caused this Agreement to be duly executed on the date signed by both parties.

SIERRA NEVADA JOURNEYS Organization Name: **Sierra County: Youth Programs**

Printed Name: _____

Printed Name: _____

Signature: _____

Signature: _____

Title: _____

Title: _____

Date: _____

Date: _____