

Sierra County Behavioral Health Provider Directory

Sierra County Behavioral Health

NPI: 1114145752

704 Mill Street

PO Box 265

Loyalton, CA 96118

(530)993-6746 Phone

(888)840-8418 24/7 Toll Free Access Line

(877)757-0029 Sierra County Crisis Line

<http://www.sierracounty.ca.gov/181/Behavioral-Health>

Office Hours: Open Mon-Fri 8 am – 5 pm Closed 12 pm – 1 pm daily

Language: Translation services are available upon request at no charge to the beneficiary for preferred languages. Telelanguage available.

Public Transportation: Sierra County does not have public transportation. However, the Loyalton Senior Center does have shuttle service available for a fee. Please call (530) 993-4770 for availability. If a beneficiary is in need of transportation to an appointment, they may qualify for transportation assistance.

Accepting New Beneficiaries

ADA Accessible

Providers available at this site:

Darin Gould, M.D.

Psychiatrist Service

NPI: 1376718023

License: C161437

Ages Seen: 5 years and older

Treatment Specialties: General, child, and adolescent psychiatry, eating disorders, psychotic disorders, and substance use disorders

Cultural Specialties: Native American

Cultural Competency Trainings: Yes

Linguistic Capabilities: English

Kapil Chopra, M.D.

Psychiatrist Service

NPI: 1912169137

License: A117363

Ages Seen: 18 years and older

Treatment Specialties: Adjustment Disorders, Anxiety Disorders, Bi-polar Disorders, Depressive Disorders, Eating Disorders, Factitious Disorder, Impulse-Control Disorders not otherwise categorized, Mental Disorders due to a general medical condition not elsewhere categorized, Mood Disorders, Personality Disorders, Schizophrenia and other Psychotic Disorders, Somatoform Disorders, Substance-Related Disorders

Cultural Specialties: Hindu Culture

Cultural Competency Trainings: Yes

Linguistic Capabilities: English, Hindi, Punjabi (speak only)

Oliver Ocskay, Ph.D.

Psychologist Service

NPI: 1134140882

License: PSY6480

Ages Seen: 18 years and older

Treatment Specialties: Mood disorders, anxiety disorders, relationship issues

Cultural Specialties: None

Cultural Competency Trainings: Yes

Linguistic Capabilities: English

Mary Lowe, LMFT

Licensed Marriage and Family Therapist

NPI: 1063534865

License: MFC36473

Ages Seen: 3 years and older

Treatment Specialties: Play therapy, severely emotionally disturbed youth, children, adolescents, adults, dual diagnosis, attachment disorders, depression, anxiety, trauma, domestic violence, Child Protective Services, SUD

Cultural Specialties: LGBTQ

Cultural Competency Trainings: yes

Linguistic Capabilities: English

Kathryn Hill, LMFT

Licensed Marriage and Family Therapist

NPI: 1336443852

License: MFC25653

Ages Seen: 12 years and older

Treatment Specialties: End of life: Grief and Bereavement, mood disorders, PTSD, recovery from addictions, recovery from childhood trauma
Cultural Specialties: LGBTQ, Aging, disabilities and chronic pain
Cultural Competency Trainings: Yes
Linguistic Capabilities: English

Alisha Woods, Psychological Assistant

Psychologist Service
NPI: 1972956068
License: 94022660
Ages Seen: 3 years and older
Treatment Specialties: Developmental Specialist, autism and trauma, sensory Integration, parenting children with special needs.
Cultural Specialties: Individuals with intellectual disabilities and developmental delays.
Cultural Competency Trainings: Yes
Linguistic Capabilities: English

Robert Szopa. CADC II

Certified Alcohol and Drug Counselor
NPI: 1457612996
Certification: A052400218
Ages Seen: 12 years and older
Treatment Specialties: Perinatal, youth treatment, adult treatment, PC 1000, Drug Court, AB109, group and individual counseling, co-occurring disorders
Cultural Specialties: LGBTQ
Cultural Competency Training: Yes
Linguistic Capabilities: English

Sierra County Behavioral Health

NPI: 1104434372
22 Maiden Lane
PO Box 38
Downieville, CA 95936
(530)289-3711 Phone
(888)840-8418 24/7 Toll Free Access Line
(877)757-0029 Sierra County Crisis Line
<http://www.sierracounty.ca.gov/181/Behavioral-Health>

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Cultural Specialties: LGBTQ

Cultural Competency Training: Yes

Linguistic Capabilities: English

Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waived, or registered mental health providers and licensed substance use disorder services providers are listed on the Plan's provider directory.

"Language Assistance"

LANGUAGE ASSISTANCE

English

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call 1-888-840-8418 (TTY: 711).

ATTENTION: Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request. Call 1-888-840-8418. (TTY: 711)

Español (Spanish)

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]). 번으로 전화해 주십시오.

繁體中文(Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。
。請致電[1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100])。。

日本語 (Japanese)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).まで、お電話にてご連絡ください。

Hmoob (Hmong) LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).

فارسی (Farsi)

توجه: اگر بہ زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما

TTY: فراہم می باشد. با [1-530-993-6747 / 1-888-840-8418] تماس بگیرید. [711 / 1-800-855-7100]

ਪੰਜਾਬੀ (Punjabi)

ਧਿਆਨ ਧਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬ ਬੋਲਿ ਹੋ, ਤੀਂ ਭਾਸ਼ਾ ਧਿੱਚ ਸਹਾਇਤਾ ਸੇ
ਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਿ ਹੈ। [1-530-993-6747 / 1-888-840-
8418] (TTY: [711 / 1-800-855-7100])। 'ਤੇ ਕਾਲ ਕਰੋ।

العربية (Arabic)

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك
بالمجان. اتصل برقم [1-530-993-6747 / 1-888-840-8418] (TTY: [711 / 1-800-855-7100]).
رقم هاتف الصم والبكم

हिंदी (Hindi) ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त
में भाषा सहायता सेवाएं उपलब्ध हैं। [1-530-993-6747 / 1-888-
840-8418] (TTY: [711 / 1-800-855-7100]) पर कॉल करें।