Definition of RESOURCE:

- **source of help**: somebody or something that is a source of help or information
- **backup supply**: a reserve supply of something such as money, personnel, or equipment
- **ability to find solutions**: adeptness at finding solutions to problems
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What is this book about?

The Sierra County Resource Guide is a tool for accessing resources within the county with emphasis on health and medical needs and emergency preparedness.

This guide is not intended to act as an advertising tool or tourist guide. Endorsement or promotion of any particular entity or service is unintentional.
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This is a living ever changing document.

Do you see a need for changes or updates? Please call or email corrections and/or addi-
tions to LeTina Vanetti at 530-993-6737 or lvanetti@sierracounty.ca.gov.

A current version of this document can be downloaded from www.sierracounty.ca.gov/RG.
**ALCOHOL / DRUG / BEHAVIORAL HEALTH SERVICES**

**Alcoholics / Narcotics Anonymous**
- [www.aa.org](http://www.aa.org) or [www.na.org](http://www.na.org)
- 1-800-662-HELP (4357)
- 1-800-BE-SOBER (237-6237)

Drug and Alcohol Department has meeting locations list.

**Sierra County Drug and Alcohol Department**
- P.O. Box 265
- 704 Mill St.
- Loyalton, CA 96118
- General number: 530-993-6746
- Loyalton: 530-993-6748
- Downieville: 530-289-3711
- Email: [drug-alcohol@sierracounty.ca.gov](mailto:drug-alcohol@sierracounty.ca.gov)

Services Include:
- D/A Counseling, Inpatient/Outpatient Treatment, and Crisis Intervention Programs

**Sierra County Behavioral Health Department**
- P.O. Box 265
- 704 Mill Street
- Loyalton, CA 96118
- Loyalton: 530-993-6746
- 22 Maiden Lane
- Downieville: 530-289-3711
- Fax: 530-993-1003
- Crisis #: 1-877-332-2754
- Email: [mentalhealth@sierracounty.ca.gov](mailto:mentalhealth@sierracounty.ca.gov)

Services Include:
- Mental Health Counseling, Family Counseling, Services for Children and Adults, and Psychiatric Services including Medication Management and Crisis Intervention

**Sierra County Mental Health Advisory Board**
- 704 Mill Street
- P.O. Box 265
- Loyalton, CA 96118
- Contact: Laurie Marsh, Mental Health Services Act Coordinator
- Phone: 530-993-6745
- Fax: 530-6759
- Email: [lmarsh@sierracounty.ca.gov](mailto:lmarsh@sierracounty.ca.gov)

---

**Suicidal?**

**Need Help Now?**

- Call 911
- or
- 1-800-SUICIDE (1-800-784-2433)
- or
- 1-800-273-TALK (1-800-273-8255)
- or
- Text Telephone: 1-800-799-4TTY (1-800-799-4889)

**Military Veterans**

**Suicide Hotline:**
1-800-273-TALK (Press 1)

Suicide Hotline in Spanish:
1-800-273-TALK (Press 2)

**Plumas and Sierra County Crisis Line:**
1-877-332-2754
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

---

**Opiates can kill. You can save a life. Get Informed, Get equipped, Get Naloxone.**

While supplies last, the **overdose reversing** Naloxone nasal spray is available for free, no questions asked, at Health & Human Services Offices.
The Women, Infants and Children (WIC) Supplemental Nutrition Program is a federally funded health and nutrition program for:

- Women who are pregnant, breastfeeding, or just had a baby
- Children under 5 years old (including foster children)
- Families with low to medium income (working families may qualify)

WIC provides:

- Special checks to buy healthy foods from WIC-authorized vendors—milk, eggs, bread, cereal, juice, peanut butter, and much more
- Information about nutrition and health to help you and your family eat well and be healthy
- Support and information about breastfeeding your baby
- Help in finding health care and other community services

To determine if you qualify or to apply, contact:
Bré Whitley
WIC Program Coordinator
202 Front Street
Loyalton, CA 96118
530-993-6700
www.sierracounty.ca.gov
**CHILDREN WITH SPECIAL NEEDS**

**Alta Regional Center**  
Coordinates community resources for individuals with developmental disabilities. Services across the lifespan. Truckee office: 530-550-3262

**Best Consulting**  
In-home programs for children, functional communication trainings, parent trainings, life skills, and reduction of behavior problems.  
916-448-2050 or 530-583-2057

**California Children’s Services**  
Administered through Sierra County Health Department  
Financial assistance for medical needs / low income / special needs / children with disabilities  
530-993-6701 (ask for CCS)  
www.dhs.ca.gov/pcfh/cms/ccs

**High Sierra’s Family Services**  
Rainbow Early Start / Early intervention and resources  
Cathy Morrell and Tammy Muldoon 530-993-1110

**Sierra County Public Health Department**  
Child Health & Disability Prevention Program (CHDP)  
Well-child care for low income children  
202 Front Street  
Loyalton, CA 96118 530-993-6700

**Sierra County Office of Education**  
Special Education Local Plan Area (SELP) services provided, early intervention, school health, psychologists and counselors, Special Education, Transitional Kindergarten, speech and language.  
Loyalton: 530-993-1660

**FAMILY DAY CARE HOMES / CENTERS**

**Loyalton**

**Christa Ketchum (FDC)**  
964 Sierra Brooks Drive  
P.O. Box 812  
Loyalton, CA 96118  
530-993-0226

**Jillian Freeto (FDC)**  
952 W. Sierra Brooks Drive  
Loyalton, Ca 96118  
530-993-4486

**Sierra Kids Child Development Center**  
107 Beckwith Road  
P.O. Box 130  
Loyalton, CA 96118  
530-993-4391
### FAMILY DAY CARE HOMES / CENTERS

**Downieville**

**Barbara O’Donnell (FDC)**  
141 River Street  
P.O. Box 624  
Downieville, CA 95936  
530-289-3143

### CHURCHES

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<thead>
<tr>
<th>Assembly of God – Downieville</th>
<th>Immaculate Conception Catholic Church</th>
</tr>
</thead>
<tbody>
<tr>
<td>114 Main Street #1</td>
<td>Church Street</td>
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<tr>
<td>Downieville, CA 95936</td>
<td>Downieville, CA 95936</td>
</tr>
<tr>
<td>530-289-3125</td>
<td>530-289-3102</td>
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<table>
<thead>
<tr>
<th>Assembly of God – Loyalton</th>
<th>Loyalton Community Church</th>
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</thead>
<tbody>
<tr>
<td>803 Main Street</td>
<td>601 Lewis Avenue</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
<td>Loyalton, CA 96118</td>
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<tr>
<td>530-993-0709</td>
<td>530-993-4411</td>
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<table>
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<tr>
<th>Calvary Chapel</th>
<th>Sierraville Community Church</th>
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<td>Meets at Loyalton Elementary</td>
<td>424 S. Lincoln Street</td>
</tr>
<tr>
<td>111 Beckwith Road</td>
<td>Sierraville, CA 96126</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
<td>530-994-3708</td>
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<td>530-993-1877</td>
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<thead>
<tr>
<th>Church of Jesus Christ of Latter Day Saints</th>
<th>Sierraville Community Parsonage</th>
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<tbody>
<tr>
<td>61600 Highway 49</td>
<td>401 Main Street</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
<td>Calpine, CA 96124</td>
</tr>
<tr>
<td>530-993-4366</td>
<td>530-994-3730</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Holy Rosary Catholic Church</th>
<th>United Methodist Church</th>
</tr>
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<tbody>
<tr>
<td>613 Fourth Street</td>
<td>Locations in Downieville &amp; Sierra City</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
<td>343 Commercial Street</td>
</tr>
<tr>
<td>530-832-5006</td>
<td>Downieville, CA 95936</td>
</tr>
<tr>
<td></td>
<td>530-862-1347</td>
</tr>
</tbody>
</table>
CLOTHING FOR PURCHASE

Bassett’s Station
100 Gold Lake Road at Hwy 49
Sierra City, CA 96125
530-862-1297

Sierra Country Store
213 Main Street
Sierra City, CA 96125
530-862-1560

Salvation Army
High Sierra’s Family Services
315 Main Street
Loyalton, CA 96118
530-993-1110

Sierra Valley Feed & Ranch Supply
Hwy 49 & Hwy 89
Sierraville, CA 96126
530-994-3091

Senior Thrift Store
501 School St.
Loyalton, CA 96118
530-993-1948

Tom’s Snowmobile & Service
Sierraville
530-862-1128

Yuba Expeditions
Downieville Adventure Co.
208 Main St.
Downieville, Ca 95936
530-289-3010

LOCATIONS FOR CLOTHING DONATIONS

High Sierra’s Family Services
Winter Coat Closet
315 Main Street
Loyalton, CA 96118
530-993-1110

Senior Thrift Store
501 School St.
Loyalton, CA 96118
530-993-1948
## SERVICE PROVIDERS
- **Digitalpath**
  Provides wireless Internet access in many areas within Sierra County
  1065 Marauder Street
  Chico, CA 95973
  1-800-676-PATH (7284)
  [www.digitalpath.net](http://www.digitalpath.net)
- **Plumas-Sierra Telecommunications**
  Satellite internet, Wireless Internet, and Broadband Service
  73233 State Route 70
  Portola, CA 96122-7069
  800-221-3474
  [www.psrec.coop](http://www.psrec.coop)
- **AT&T High speed Internet**
  1-800-288-2020
- **Cellular Phone Service:**
  West Side of County: partial cellular available (AT&T & Verizon)
  East Side: Verizon Wireless and Cellular/AT&T Wireless
- **HughesNet 844-878-7093** [Hughes.net](http://www.hughes.net)
- **Succeed.Net**
  Wireless DSL Internet Service, DSL, Metro Ethernet, Fiber, T1 Internet Access, and Business IT Services
  1112 I Street, Suite 230
  Sacramento, CA 95814
  530-674-4200
  [www.succeed.net](http://www.succeed.net)
- **Omsoft (previously Spiral)**
  DSL High-Speed Internet Service, Wireless High-Speed Internet, Accelerated Dial-up Internet, and Professional Web Hosting Services. Discounts for non-profits.
  416 Broad Street
  Nevada City, CA 95959
  530-478-9822
  [www.spiralinternet.com](http://www.spiralinternet.com)

## Wi-Fi HOT SPOTS
### Downieville:
- **St. Charles Place**
  101 Commercial St.
  530-289-3237

### Sierra City:
- **Sierra Country Store**
  213 Main Street
  530-862-1560

### Sierraville:
- **Smithneck Farms**
  107 E. Main Street
  530-320-9907

### Loyalton:
- **Loyalton Library**
  511 Main Street
  530-993-1105
- **Golden West Saloon & Restaurant**
  711 Main Street
  530-993-4467

## PUBLIC COMPUTER ACCESS
- **Loyalton Library**
  Main St
  530-993-1105
- **Alliance for Workforce Development - Business & Career Network**
  305 S. Lincoln St.
  Sierraville, Ca 96126
- **Downieville Library**
  530-289-3544
  Tuesdays: 10am-2pm
- **High Sierra Family Services**
  315 Main St.
  Loyalton, Ca 96118
- **Sierra City Library**
  Highway 49
  530-862-0210
**DISABLED SERVICES**

**Alta Regional Center**  
530-550-3262  
www.altaregional.org  
(serving multiple counties, including Sierra County)

**High Sierra’s Family Services**  
Family Resource Center  
530-993-1110  
(Rainbow Children’s services)

**Connecting Point**  
(previously known as IHSS)  
208 Sutton Way  
Grass Valley, CA 95945  
530-274-5601  
Toll Free: 866-577-6331  
www.ns-pa.org

**Legal Services of Northern California**  
530-823-7560  
1-800-660-6107  
www.lsnc.net  
(serving multiple counties, including Sierra County)

**FREED Center for Independent Living**  
435 Sutton Way  
Grass Valley CA  95945  
530-477-3333 voice  
530-477-8194 TTY  
530-477-8184 fax  
800-655-7732 Toll Free  
www.freed.org

**North Gold Senior Mountaineers**  
29190 California 49  
North San Juan, CA 95960  
530-292-9048

**Sierra County Social Services**  
202 Front Street  
Loyalton, CA 96118  
530-993-6720  
Emergency 24x7 530-289-3720

**COMMUNITY PANTRIES**

**High Sierra Family Services**  
Food Pantry Office  
315 Main St  
Loyalton, CA 96118  
530-993-1110  
530-993-4411 after 5PM

**INASMACHT Pantry**  
Non-food pantry  
803 Main St.  
Loyalton CA 96118  
530-993-0709  
3rd Wednesday of Month 9:00-12:00

**Western Sierra Food Bank**  
P.O. Box 254  
110 Sunnyside Drive  
Downieville, CA 95936  
Food available upon request.  
Contact: Bette Jo Lang 530-289-3644  
Liz Fisher 530-289-3632
SIERRA COUNTY MEDICAL CARE

Sierra County Health Department
Family Planning, Immunizations
202 Front Street
Loyalton, CA 96118
Hours: M-F 8AM-5PM
530-993-6700

Eastern Plumas Health Care (Loyalton)
725 Third Street
Loyalton, CA 96118
Hours: M-Th 9AM-5PM
530-993-1231

Western Sierra Medical Clinic
(Downieville)
209 Nevada Street
P.O. Box 286
Downieville, CA 95936
Primary and Urgent Care
Hours: M-Th 8AM-5PM
After-Hours Medical Provider M-Th 530-289-3298

REGIONAL MEDICAL CARE

California Vision Project
2415 K St.
Sacramento, CA 95816
916-441-3990

Eastern Plumas Health Care
Hospital ER
500 First Avenue
Portola, CA 96122
Hours: 24 Hours
530-832-6500

Gateway Urgent Care
11105 Donner Pass Road
Truckee, CA 96161
Hours: Call
530-582-2070

Pine Street Medical
145 North Pine St.
Portola, Ca 96122
530-832-6602
Hours: Mon-Thurs 8AM-5PM

Eastern Plumas Health Care
(Portola)
480 First Avenue
Portola, CA 96122
Hours: M-F 8AM-5PM
530-832-6600

Eastern Plumas Health Care
(Graeagle)
7597 State Hwy 89
Graeagle, CA 96103
Hours: M-Th 9AM-5PM
530-836-1122

North Fork Family Medicine Clinic
1060 Valley View Drive
Quincy, CA 95971
Hours: Call
530-283-5640

Plumas District Hospital
1065 Bucks Lake Road
Quincy, CA 95971
Hours: 24 Hours
530-283-2121
REGIONAL MEDICAL CARE CONTINUED

**Quincy Family Medicine**  
1045 Bucks Lake Road  
Quincy, CA  95971  
Hours: Call  
530-283-0650

**Sierra Nevada Memorial Hospital ER**  
155 Glasson Way  
Grass Valley, CA  95945  
Hours: 24 Hours  
530-274-6000

**Western Sierra Medical Clinic** (Grass Valley)  
844 Old Tunnel Road  
Grass Valley, CA  95945  
Hours: M-F 7AM-5PM  
530-274-9762  
Dental M-F: 8:30AM-4:00PM  
Urgent Care: M-Sat 8 AM-5PM

**Sierra Family Medical Clinic**  
15301 Tyler Foote Road  
Nevada City, CA  95959  
Hours: M-F 9AM-5PM  
Saturday: 1PM-4PM  
530-292-3478

**Tahoe Forest Hospital ER**  
10121 Pine Avenue  
Truckee, CA  96161  
Hours: 24 Hours  
530-587-6011

**Yubadocs Urgent Care**  
2090 Nevada City Highway  
Grass Valley, CA  95945  
Hours: M-F 8AM-6PM  
Sat-Sun 9AM-4PM

**DENTISTS**

**Lee D. Walker, DDS**  
703 Main Street  
P.O. Box 678  
Loyalton, CA  96118  
530-993-4728

**Portola Dental Clinic**  
480 First Avenue  
Portola, Ca 96122  
530-832-6600

**Western Sierra Dental Clinic**  
17 Front Street  
P.O. Box 286  
Downieville, CA  95936  
530-289-3199  
www.wsmcmed.org
FAMILY ACTIVITIES

**Boy Scouts of America, Loyalton**
Derrick Koch
530-414-3153

**Canyon Ranch Resort LLC**
Ms. Carla Merica
622 Old Truckee Road, Box 6
Sierraville, CA 96126
530-994-1033

**C&R Guide Services**
Ralph Wood
19755 Mountain Meadow Court
Grass Valley, CA 95949
530-346-7065

**Cub Scouts**
Jeremy España
530-386-0379

**Downieville Library**
Children’s programs
530-289-3544

**Downieville Outfitters**
114 Main Street
Downieville, CA 95936
530-289-0155
info@downievilleoutfitters.com
www.downievilleoutfitters.com

**Future Farmers of America (FFA)**
Caroline “Cali” Griffin
Loyalton High School Agriculture Department
700 Fourth Street
Post Office Box 37
Loyalton, CA 96118
530-993-4454 ext 200 work
530-320-1149 cell

**Friday Night Live**
Activities take place at both the
Downieville and Loyalton schools
Community Outreach Coordinator
Derrick Koch 530-993-6789
dkoch@sierracounty.ca.gov

**Girl Scouts**
Cindy Smith
530-993-1352

**Milton Gottardi Museum**
501 School St.
Loyalton, CA 96118
530-993-4012

**Original Sixteen to One Mine, Inc.**
P.O. Box 909
Alleghany, CA 95910
530-287-3233
www.origsix.com

**Reid Horse & Cattle Company**
(seasonal at Gold Lake)
Russell Reid
1540 Chandler Road
Quincy, CA 95971
530-836-0940

**Sierra City Library**
Children’s programs
530-862-0210

**Sierra County Historical Society**
100 Kentucky Mine Road
Sierra City, CA 96125
530-862-1310

**Sierra Hot Springs and Globe Hotel**
521 Campbell Hot Springs Road
Sierraville, CA 96126
530-994-3773
FAMILY ACTIVITIES CONTINUED

Sierra Valley Little League  
Lois Siquedo, President  
775-223-5828

Sierra Valley Roping Club  
Rhonda Grandi  
530-993-4798

Sierraville Recreation Association  
Sarah Wright  
530-994-3622

Underground Gold Miners Museum  
356 Main Street  
Alleghany, CA 95910  
530-287-3330

Tributary Whitewater Tours, LLC  
530-346-6812  
www.whitewatertours.com  
rafting@whitewatertours.com

4-H Programs:  
Sierra Valley 4-H, Vinton  
Echo 4-H, Loyalton  
Treasure Mountain 4-H, Sierraville  
Lucia Biunno, 4-H Representative  
University of California Cooperative Extension  
Plumas-Sierra Counties  
208 Fairgrounds Road  
Quincy, CA 95971  
530-283-6272

Yuba Expeditions  
Downieville Adventure Co.  
208 Main Street  
Downieville, CA 95936  
530-289-3010  
www.yubaexpeditions.com

WELLNESS BUSINESSES

Massage Therapy:

Lola Garza  
Mountain Feather Massage  
Loyalton and Reno offices  
530-993-4852

Lila Heuer  
My Sisters Cottage  
207 Main Street  
Sierra City, CA 96125  
530-862-1505

Kristy Folsom  
La Sierra Beauty Boutique  
309 Main Street  
Downieville, CA 95936  
530-289-3504

Leanna Martin  
Sierra Sunrise Massage  
411 2nd Street  
Loyalton, CA 96118  
(530) 448-2287

Sierra Buttes Bodywork  
Located inside Gray Eagle Lodge  
1-800-635-8788  
sierrabuttesbodywork.com
Action Teams are activated when services are requested by the fire department in the event of a single- or multi-family residential fire. To request services, call the Disaster Call Center at:

844-236-0153

### FIRE COUNCILS, AUXILIARIES, ASSOCIATIONS and DISTRICTS

<table>
<thead>
<tr>
<th>Fire Council/Association</th>
<th>Address</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alleghany Volunteer Fire Auxiliary</td>
<td>PO Box 920, Alleghany, CA 95910</td>
<td></td>
</tr>
<tr>
<td>Downieville Volunteer Fire Auxiliary</td>
<td>PO Box 645, Downieville, CA 95936</td>
<td>Kathy Whitlow, President 530-289-3126 (h) 530-289-3215 (w)</td>
</tr>
<tr>
<td>Downieville Volunteer Firefighter Association, DVFA</td>
<td>PO Box 173, Downieville, CA 95936</td>
<td></td>
</tr>
<tr>
<td>Pike City Volunteer Fire Auxiliary</td>
<td>100 Pike City Rd, Pike City, CA 95960</td>
<td></td>
</tr>
<tr>
<td>Sierra City Fire District</td>
<td>PO Box 516, Sierra City CA 96125</td>
<td></td>
</tr>
<tr>
<td>Pliocene Ridge Community Service District</td>
<td>100 Pike City Road, Pike City CA 95960</td>
<td>District answering machine: 530-288-0624 Checked on weekday mornings.</td>
</tr>
<tr>
<td>Sierra County Fire Safe &amp; Watershed Council</td>
<td>PO Box 231, Downieville, CA 95936</td>
<td>Irv Christenson 530-289-3432</td>
</tr>
<tr>
<td>Sierra Valley Resource Conservation District</td>
<td>PO Box 882, Loyalton</td>
<td>(530) 430-7780 <a href="mailto:sierravalleyrcd@gmail.com">sierravalleyrcd@gmail.com</a> sierravalleyrcd.com</td>
</tr>
</tbody>
</table>
VOLUNTEER FIRE DEPARTMENTS

Alleghany Fire Department
911 or 24/7 dispatch 530-289-3333
Firehouse phone 530-287-9844
105 Plaza Court, Alleghany, CA 95910
alleghanyfire.org
pioceneridge@gmail.com

Pike Fire Department
911 or 24/7 dispatch 530-289-3333
Firehouse phone 530-288-0624
100 Pike City Road, Pike CA 95960
pikecityfire.org
pioceneridge@gmail.com

Calpine Fire Department
911 or Sheriff’s Office 530-289-3700
129 County Road
Calpine, CA 96124

Sattley Fire Department
911 or 530-994-3344
P.O. Box 252
Sierraville, CA 96126

Downieville Fire Department
911 or 24/7 Dispatch 530-289-3333
321 Main Street
Downieville, CA 95936

Sierra City Fire Department
911 or Sheriff’s Office 530-289-3333
229 Main Street
Sierra City, CA 96125

Loyalton Fire Department
911 or 530-993-4440 (business hours) or
530-289-3700 –24 dispatch
P.O. Box 128 Loyalton, CA 96118
Email: cityofloyalton@digitalpath.net
210 Front St. Loyalton, CA 96118
512 Longhorn Dr. Sierra Brooks

Sierraville Fire Department
911 or 530-994-3344
102 E. Main Street
Sierraville, CA 96126

INTERPRETERS

Megan Andaluz (Spanish)
Sierra County Health &
Human Services
530-993-6700

Tammy Muldoon (Spanish)
Family Resource Center
Loyalton
530-993-1110
**COMMODITY CENTERS**

**Alleghany Fire Station**  
105 Plaza Court  
Alleghany, CA  95910  
Vicky Tenney - 530-287-3040

**Sierra City**  
425 Main Street  
Sierra City, CA  96125  
Don Bruechle - 530-862-1307

**Loyalton Senior Center**  
302 First Street  
Loyalton, CA  96118  
530-993-4770

**Golden Rays**  
305A Main St.  
Downieville, CA 95936  
John - 530-798-8555

**Loyalton Food Bank**  
Resource Center Office  
315 Main St  
Loyalton, CA 96118  
530-993-1110  
530-993-4411 after 5PM  
Distribution Location 1st & 3rd Fridays  
Catholic Church  
613 Fourth St  
Loyalton CA 96118

**Calpine Community Hall**  
131 County Road  
Calpine CA 96124  
Cheri Sposito [casher429@gmail.com](mailto:casher429@gmail.com)  
530-616-0630

**Immaculate Conception Catholic Church**  
Church Street  
Downieville, CA 95936  
530-289-3102

**FOOD-GROCERS**

**Bassett’s Station** (seasonal)  
100 Gold Lake Road at Hwy 49  
Sierra City, CA  96125  
530-862-1297

**Sierra Country Store**  
213 Main Street  
Sierra City, CA  96125  
530-862-1560

**Downieville Grocery**  
101 Sunnyside Drive  
Downieville, CA  95936  
530-289-3596

**Sierraville Service & Country Store**  
126 S. Lincoln Street  
Sierraville, CA  96126  
530-994-3387

**Indian Valley Outpost** (seasonal)  
4601 Highway 49  
Camptonville, CA  95922  
530-289-3037

**White’s Sierra Station**  
508 Main Street  
Loyalton, CA  96118  
530-993-1212

**Leonard’s Market**  
606 Main Street  
Loyalton, CA  96118  
530-993-4397
## FOOD-RESTAURANTS

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coyoteville Café</td>
<td>15921 Hwy 49 Downieville CA 95936</td>
<td>530-289-1820</td>
</tr>
<tr>
<td>La Cocina de Oro</td>
<td>(seasonal) 322 Main Street Downieville CA 95936</td>
<td>530-289-3584</td>
</tr>
<tr>
<td>Sierra Country Store</td>
<td>213 Main St. Sierra City CA 96125</td>
<td>530-862-1560</td>
</tr>
<tr>
<td>Downieville Grocery</td>
<td>101 Sunnyside Drive Downieville CA 95936</td>
<td>530-289-3596</td>
</tr>
<tr>
<td>Larkspur Café</td>
<td>700 Main Street Loyalton CA 96118</td>
<td></td>
</tr>
<tr>
<td>Sardine Lake Resort</td>
<td>(seasonal) 530-862-1196</td>
<td></td>
</tr>
<tr>
<td>The Fork and Horn</td>
<td>101 E. Main Street Sierraville CA 96126</td>
<td>530-994-1070</td>
</tr>
<tr>
<td>Los Dos Hermanos</td>
<td>101 S. Batelle Street Sierraville CA 96126</td>
<td>530-994-1058</td>
</tr>
<tr>
<td>Smithneck Farms</td>
<td>107 E. Main Street Sierraville CA 96126</td>
<td>530-320-9907</td>
</tr>
<tr>
<td>Gold Lake Lodge</td>
<td>(seasonal) 7000 Gold Lake Road Graeagle CA 96103</td>
<td>530-836-2350</td>
</tr>
<tr>
<td>Loyalton Senior Center</td>
<td>302 First Street Loyalton CA 96118</td>
<td>530-993-4770</td>
</tr>
<tr>
<td>White’s Sierra Station</td>
<td>508 Main Street Loyalton CA 96118</td>
<td>530-993-1212</td>
</tr>
<tr>
<td>Golden West Saloon &amp; Restaurant</td>
<td>711 Main Street Loyalton CA 96118</td>
<td>530-993-4467</td>
</tr>
<tr>
<td>Packer Lake Lodge</td>
<td>(seasonal) The Lakes Basin 530-862-1221</td>
<td></td>
</tr>
<tr>
<td>Casey’s Place</td>
<td>234 Main St Alleghany CA 95910</td>
<td>530-287-9809</td>
</tr>
<tr>
<td>Sierra Pines Resort</td>
<td>(seasonal) 104 Main Street Sierra City CA 96125</td>
<td>530-862-1151</td>
</tr>
<tr>
<td>The Red Moose Café’ &amp; Inn</td>
<td>224 Main St Sierra City CA 96125</td>
<td>530-862-1024</td>
</tr>
<tr>
<td>Two Rivers Café’</td>
<td>(seasonal) 116 Main St Downieville CA 95936</td>
<td>530-289-3250</td>
</tr>
<tr>
<td>Jadaa’s Kitchen</td>
<td>105 Commercial St. Downieville CA 95936</td>
<td>530-862-5016</td>
</tr>
<tr>
<td>Rhonda’s Lil’ Frosty</td>
<td>(seasonal) 319 Main Street Loyalton CA 96118</td>
<td>530-993-1192</td>
</tr>
<tr>
<td>The Buckhorn Bar &amp; Mountain Creek Restaurant</td>
<td>(seasonal) 225 Main St Sierra City CA 96125</td>
<td>530-862-1171</td>
</tr>
</tbody>
</table>
A Bit of Beach
701 Main St.
Loyalton, CA 9618
530-400-7737
www.abitofbeach.com
Call for hours or appointment

Avon Representative
Dana McAdams
530-414-6864
Loyalton
mcdana2008@yahoo.com
www.youravon.com/dmc-adams

Buck’s TV and Appliance
530-249-0191

Calif. Land / Campground Mgmt.
530-322-1181

Downieville Improvement Group
Cherry Simi-President
530-289-3659
chersimi@att.net

Downieville Day Spa
309 Main St.
Downieville, Ca 95936
530-289-3504

Downieville Fire Auxiliary
P.O. Box 645
Downieville, CA  95936
Kathy Whitlow, President
530-289-3126 (h)
530-289-3215 (w)

Downieville Lions Club
P.O. Box 24
Downieville, CA  95936
530-289-3626

Downieville Motors
114 Main Street
Downieville, CA  95936

East Sierra Valley Chamber of Commerce
P.O. Box 355
702 Main Street
Loyalton, CA  96118
530-993-4337
www.eastsierravalleychamber.com

Gone Batty/Harvey Farms
6780 Harvey Ranch Road
Calpine, CA  96124
530-994-3617

Griffin Plumbing
530-994-3212

Hair Faire
703 Main Street
Loyalton, CA  96118
530-993-4678

Jan Koettel Realty
221 Main Street
Sierra City, CA  96125
530-862-9009

Kentucky Mine and Museum
100 Kentucky Mine Road
Sierra City, CA  96125
530-862-1310

KT Hay & Cattle Company
62011 Highway 49
Loyalton, CA  96118
530-993-1045

Linda Beeson Income Tax &
Bookkeeping Services
530-993-4916

Old Schoolhouse Vacation Rental
418 Main Street
Sierra City, CA  96125
530-862-1195 or 530-862-1161
olds ierracityschoolhouse@aol.com

Photography by Andrea
Andrea Siqueido
775-232-5014
## OTHER BUSINESSES AND CLUBS IN SIERRA COUNTY CONT.

<table>
<thead>
<tr>
<th>Business/Club</th>
<th>Address</th>
<th>Phone</th>
<th>Website/Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Red Pony</strong></td>
<td>101 Main Street, Sierraville, CA 96126</td>
<td>530-906-2181</td>
<td></td>
</tr>
<tr>
<td><strong>Rotary Club of Loyalton</strong></td>
<td>530-993-4405, Loyalton, CA 96118</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Sierra Buttes Bodywork</strong></td>
<td>Located inside Gray Eagle Lodge</td>
<td>800-635-8788</td>
<td>sierrabuttesbodywork.com</td>
</tr>
<tr>
<td><strong>Sierra City Fire Auxiliary</strong></td>
<td>P.O. Box 55, Sierra City, CA 96125</td>
<td>530-862-1580</td>
<td></td>
</tr>
<tr>
<td><strong>Sierra County Arts Council</strong></td>
<td>B.J. Jordan, 212 Main Street, P.O. Box 546, Downieville, CA 95936</td>
<td>530-289-9822</td>
<td></td>
</tr>
<tr>
<td><strong>Sierra County Chamber of Commerce</strong></td>
<td>P.O. Box 436, Sierra City, CA 96125</td>
<td></td>
<td>sierracountychamber.com</td>
</tr>
<tr>
<td></td>
<td>sierracountychamber.com</td>
<td></td>
<td><a href="mailto:info@sierracountychamber.com">info@sierracountychamber.com</a></td>
</tr>
<tr>
<td><strong>Sierra County Historical Society</strong></td>
<td>P.O. Box 294, Sierraville, CA 96126</td>
<td></td>
<td><a href="http://www.sierracountyhistory.org">www.sierracountyhistory.org</a></td>
</tr>
<tr>
<td><strong>Sierra Hardware</strong></td>
<td>305 Main Street, Downieville CA 95936</td>
<td>530-289-3582</td>
<td></td>
</tr>
<tr>
<td><strong>Sierra Motor and Transportation Co.</strong></td>
<td>Doug Peterman, 114 Main Street, Downieville, CA 95936</td>
<td>530-289-3230</td>
<td></td>
</tr>
<tr>
<td><strong>Sierra Valley Feed &amp; Ranch Supply</strong></td>
<td>101 E. Main Street, Sierraville, CA 96126</td>
<td>530-994-3091</td>
<td></td>
</tr>
<tr>
<td><strong>Sierra Valley Home Center</strong></td>
<td>411 Main St., Loyalton, CA 96118</td>
<td>530-993-4331</td>
<td></td>
</tr>
<tr>
<td><strong>The Gilded Drifter Inn</strong></td>
<td>820 Main St., Loyalton CA 96118</td>
<td>530-993-5015</td>
<td>gildeddrifterinn.com</td>
</tr>
<tr>
<td><strong>The Sierra Chalet</strong></td>
<td>Vacation Rental, Sierra City CA 96123</td>
<td>530-862-1193</td>
<td></td>
</tr>
<tr>
<td><strong>Tom’s Snowmobile &amp; Service</strong></td>
<td>Sierraville</td>
<td>530-862-1128</td>
<td></td>
</tr>
<tr>
<td><strong>Vintage Gal Antiques &amp; Fine Things</strong></td>
<td>200 Main St., Downieville CA 95936</td>
<td>530-289-3689 or 530-289-3118</td>
<td></td>
</tr>
<tr>
<td><strong>Wells Fargo Bank</strong></td>
<td>326 Main Street, Downieville, CA 95936</td>
<td>530-289-3204</td>
<td></td>
</tr>
<tr>
<td><strong>Yuba Gallery</strong></td>
<td>208 Main St., Downieville CA, 95936</td>
<td>530-289-9822</td>
<td></td>
</tr>
<tr>
<td><strong>49 Wines</strong></td>
<td>200 Main St., Downieville CA, 95936</td>
<td>530-289-2728</td>
<td></td>
</tr>
<tr>
<td>Sierra County Sheriff’s Office</td>
<td>Victim/Witness Assistance Program - County Wide</td>
<td></td>
<td></td>
</tr>
<tr>
<td>--------------------------------</td>
<td>-------------------------------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>County Wide—911 Dispatch 530-289-3700</td>
<td>100 Courthouse Square Downieville, CA 95936 530-289-3269</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sierra SAFE Program</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Rape Crisis Center and Domestic Violence</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crisis Line—530-283-4333</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>513 Main Street Loyalton, CA  96118</td>
<td>530-993-1237</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
HAM RADIO OPERATORS

HAM (amateur) radios can play an extremely important role in emergencies, because they provide a method of communication when cell phones and other communication channels fail. HAM radios can be used to keep the community informed or to get extra assistance in the event of a disaster.

Sierra County residents are encouraged to take the amateur radio license exam, as those listed below have done, so they can help their neighbors and communicate with others in extreme circumstances.

- William Harnach, KI6YUP
  530-994-3464
- Sandra Kendall, KK6CJJ
  530-994-3710
- Beverly Mitchell, KK6CJM
  530-994-3532
- Mike Perry, KA62MT
  253-970-6271
- John Mitchell, W1RK
  530-994-3532
- Quentin Youngblood, KB5ZDL
  530-836-1201
- Gregory Andal, AA7GT
  530-993-1550
- Nancy Schlefstein, N5NRN
  530-913-9218
- Scott Schlefstein, N5TEN
  530-913-9218
- John Ponta, KE6JAA
  530-289-3586
  415-827-0952

HELICOPTER MEDICAL TRANSPORT MEMBERSHIP

AirMedCareNetwork
(Reach for Life & Calstar)
1800-793-0010
http://www.airmedcarenetwork.com/

Enloe Flight Care
530-332-6774
www.enloe.org

Care Flight
775-858-5700
www.care-flight.com

MASA Assist
1-800-423-3226
www.masaassist.com/

HEALTH CARE COALITIONS

Tri-County Health Care Coalition (Tri-HCC)
Includes Plumas, Lassen and Sierra Counties
Lori Beatley
530-283-6988
LoriBeatley@countyofplumas.com

Sierra County Health Care Coalition
A sub-committee of the Tri-HCC
LeTina Vanetti
530-993-6737
Ivanetti@sierracounty.ca.gov
HEALTH INSURANCE / PROGRAMS / LEGAL ASSISTANCE

Affordable Healthcare
1-800-300-1506
www.coveredca.com

California Children’s Services
916-327-1400
www.dhcs.ca.gov/services/ecs

California Healthy Families
1-800-880-5305

Community Assistance Program
Prescription Discount Cards
251-402-5584
www.caprxprogram.org/jdaniel

Sierra County Health Department
202 Front St.
Loyalton, CA 96118
530-993-6701
www.sierracounty.ca.gov/PH

Legal Services of Northern California
530-823-7560
916-551-2150
www.lsnc.net

Sierra County Social Services & Eligibility
Programs include: Cal Works, Cal Fresh (Food Stamps), Medi-Cal, County Medical Services Program, Foster Care, Welfare to Work, and General Relief
202 Front Street
Loyalton, CA 96118
530-993-6720
Emergency 24x7 530-289-3720

HIV SERVICES

Sierra County Health Department
P.O. Box 7
202 Front Street
Loyalton, CA 96118
530-993-6701
www.sierracounty.ca.gov

Affordable Healthcare
1-800-300-1506
www.coveredca.com

HOUSING / SECTION 8

Plumas County Community Development Commission (PCCDC)
Housing Assistance Programs
183 W. Main Street
Quincy, CA 95971
530-283-2466 / 1-800-993-5399
(or pick up an application at the local Social Services Office)
www.plumascdc.org
www.hcd.ca.gov

Sierra Valley Senior Apartments
100 Hill Street
Loyalton, CA 96118
530-993-4307
Email: sierravalley@cresapts.com
Downieville Ambulance
9-1-1 or 530-289-3333

Eastern Plumas Health Care Ambulance (Plumas Co.)
9-1-1 or 530-832-5700

Truckee Ambulance (Nevada Co.)
9-1-1 or 530-832-4277
FREED CENTER FOR INDEPENDENT LIVING

435 Sutton Way
Grass Valley CA 95945
530-477-3333 voice
530-477-8194 TTY
530-477-8184 fax
800-655-7732 Toll Free
www.freed.org

- ADRC – The Aging and Disability Resource Connection
- Assistive Technology
- Disability Awareness, Community Education, and ADA Compliance
- Housing Advocacy
- Independent Living Skills
- Information and Referral (I&R)
- Personal Assistance
- Peer Support
- Systems Change Advocacy
- Transition Assistance
- Youth Services

WESTERN SIERRA MEDICAL CLINIC

209 Nevada Street
P.O. Box 286
Downieville, CA 95936
Medical Phone: 530-289-3298
Dental Phone: 530-289-3199 Fax: 530-289-3159
Office Hours: Mon–Thurs 8AM-5PM
wsmcmmed.org

Services:

- Medical
- Dental– Thursdays Only
- Urgent Care
**EASTERN PLUMAS HEALTH CARE**

Loyalton Medical Clinic  
725 Third Street  
Loyalton, CA 96118  
Phone: 530-993-1231  Fax: 530-993-4857

Days: Monday, Tuesday, Wednesday, and Thursday  
CLOSED Fridays  
Hours: 9AM-5PM (with a midday lunch break)

Services/Specialties available:
- Family Practice  
- Podiatry

**Lab Draws:** Wednesdays only for drop-ins. Patients can avoid driving to Portola or Reno for routine lab tests. Labs are transported to Portola for processing. Please call clinic in advanced for most efficient time to come in.

---

**LOYALTON SKILLED NURSING FACILITY**

700 Third Street  
Loyalton, CA 96118  
Phone: 530-993-6100  Fax: 530-993-4528

- Licensed for 39 beds  
- Personal care and activities  
- Visitors / Entertainment / Outings / Spiritual enrichment, if desired  
- Physical, and Occupational Therapy for those patients who qualify

In addition to long-term care services, therapies and rehabs are provided for post-surgical patients. People who perhaps had a hip replacement or other surgery can recover and get their physical and occupational therapy in Loyalton instead of staying in Reno.

---

**HOSPICE PROGRAM**

**Tahoe Forest Hospice**  
10083 Lake Avenue  
Truckee, CA 96161  
530-582-3534
<table>
<thead>
<tr>
<th>MEETING PLACES</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Alleghany Fire House</strong></td>
</tr>
<tr>
<td>105 Plaza Court</td>
</tr>
<tr>
<td>Alleghany, CA 95910</td>
</tr>
<tr>
<td>530-287-9844</td>
</tr>
<tr>
<td><strong>Loyalton Senior Center</strong></td>
</tr>
<tr>
<td>302 First Street</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td>530-993-4770</td>
</tr>
<tr>
<td><strong>Calpine Community Hall</strong></td>
</tr>
<tr>
<td>131 County Road</td>
</tr>
<tr>
<td>Calpine, CA 96124</td>
</tr>
<tr>
<td>530-616-0630</td>
</tr>
<tr>
<td><strong>Loyalton Social Hall</strong></td>
</tr>
<tr>
<td>105 Beckwith Road</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td>530-993-6750</td>
</tr>
<tr>
<td><strong>Downieville Community Hall</strong></td>
</tr>
<tr>
<td>327 Main Street</td>
</tr>
<tr>
<td>Downieville, CA 95936</td>
</tr>
<tr>
<td>Kathy Whitlowl</td>
</tr>
<tr>
<td>530-289-3126 (h)</td>
</tr>
<tr>
<td>530-289-3215 (w)</td>
</tr>
<tr>
<td><strong>Loyalton Museum Auditorium</strong></td>
</tr>
<tr>
<td>605 School Street</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td>530-993-6750</td>
</tr>
<tr>
<td><strong>Forest City Community Hall</strong></td>
</tr>
<tr>
<td>530-287-3413</td>
</tr>
<tr>
<td><strong>Pike Fire Department</strong></td>
</tr>
<tr>
<td>100 Pike City Rd.</td>
</tr>
<tr>
<td>Pike, CA 95960</td>
</tr>
<tr>
<td>9-1-1 or 530-298-3333</td>
</tr>
<tr>
<td><strong>Golden West Saloon &amp; Restaurant</strong></td>
</tr>
<tr>
<td>711 Main Street</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td>530-993-4467</td>
</tr>
<tr>
<td><strong>Sierra City Community Hall</strong></td>
</tr>
<tr>
<td>13 Castagna Alley</td>
</tr>
<tr>
<td>Sierra City, CA 96125</td>
</tr>
<tr>
<td>530-862-1580</td>
</tr>
<tr>
<td><strong>Goodyears Bar Community Hall</strong></td>
</tr>
<tr>
<td>530-289-3297</td>
</tr>
<tr>
<td><strong>Sierraville Ranger District</strong></td>
</tr>
<tr>
<td>317 S. Lincoln Street</td>
</tr>
<tr>
<td>Sierraville, CA 96126</td>
</tr>
<tr>
<td>530-994-3401</td>
</tr>
<tr>
<td><strong>Loyalton Community Church</strong></td>
</tr>
<tr>
<td>601 Lewis Avenue</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td>530-993-4411</td>
</tr>
<tr>
<td><strong>Sierraville School Community Center</strong></td>
</tr>
<tr>
<td>305 S. Lincoln Street</td>
</tr>
<tr>
<td>Sierraville, CA 96126</td>
</tr>
<tr>
<td>530-994-3622</td>
</tr>
</tbody>
</table>
POST OFFICES

<table>
<thead>
<tr>
<th>POST OFFICE</th>
<th>Zip code</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alleghany</td>
<td>95910</td>
<td>530-287-3427</td>
</tr>
<tr>
<td>Calpine/Sattley</td>
<td>96124</td>
<td>530-994-3508</td>
</tr>
<tr>
<td>Downieville</td>
<td>95936</td>
<td>530-289-3575</td>
</tr>
<tr>
<td>Goodyears Bar</td>
<td>95944</td>
<td>530-289-3442</td>
</tr>
<tr>
<td>Blairsden/Graeagle (Plumas Co.)</td>
<td>96103</td>
<td>530-836-2352</td>
</tr>
<tr>
<td>Clio (Plumas Co.)</td>
<td>96106</td>
<td>530-836-0201</td>
</tr>
<tr>
<td>Quincy (Plumas Co.)</td>
<td>95971</td>
<td>530-283-1690</td>
</tr>
<tr>
<td>Loyalton</td>
<td>96118</td>
<td>530-993-4471</td>
</tr>
<tr>
<td>Pike/North San Juan</td>
<td>95960</td>
<td>530-292-3303</td>
</tr>
<tr>
<td>Sierra City</td>
<td>96125</td>
<td>530-862-1152</td>
</tr>
<tr>
<td>Sierraville</td>
<td>96126</td>
<td>530-994-3460</td>
</tr>
<tr>
<td>Chilcoot/Vinton (Plumas Co.)</td>
<td>96105</td>
<td>530-993-4861</td>
</tr>
<tr>
<td>Portola (Plumas Co.)</td>
<td>96122</td>
<td>530-832-4202</td>
</tr>
</tbody>
</table>

NOTARY SERVICES

<table>
<thead>
<tr>
<th>Public Notary</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mary K. Potter (Downieville)</td>
<td>530-289-0289</td>
</tr>
<tr>
<td>Stacey Estrada (Calpine)</td>
<td>530-320-0764</td>
</tr>
<tr>
<td>Tracy Smith (Loyalton)</td>
<td>530-993-6794</td>
</tr>
<tr>
<td>Mobile services available</td>
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</tr>
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</table>
# PUBLIC PARKS

<table>
<thead>
<tr>
<th><strong>Alleghany Park</strong></th>
<th><strong>Smithneck Creek Park</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>515 Miners Street</td>
<td>221 Smithneck Creek Road</td>
</tr>
<tr>
<td>Alleghany, CA 95910</td>
<td>Loyalton, CA 96118</td>
</tr>
<tr>
<td></td>
<td>Call Public Works for a use permit: 530-289-3201</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th><strong>Calpine Park</strong></th>
<th><strong>Sierra City Park</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>103 Country Road</td>
<td>15 Busch Street</td>
</tr>
<tr>
<td>Calpine, CA 96124</td>
<td>Sierra City, CA 96125</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Downieville Tennis Court and Community Park</strong></th>
<th><strong>Sierra City Visitor Center</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>746 Upper Main Street</td>
<td>111 Butte Street</td>
</tr>
<tr>
<td>Downieville CA 95936</td>
<td>Sierra City, CA 96125</td>
</tr>
<tr>
<td></td>
<td>530-862-0449</td>
</tr>
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<table>
<thead>
<tr>
<th><strong>Downieville Visitor Center</strong></th>
<th><strong>Sierraville School</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>170 Main Street</td>
<td>305 S. Lincoln Street</td>
</tr>
<tr>
<td>Downieville, CA 95936</td>
<td>Sierraville, CA 96126</td>
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<td>530-289-3201</td>
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<table>
<thead>
<tr>
<th><strong>Gold Rush Park</strong></th>
<th><strong>Tin Cup Diggins</strong></th>
</tr>
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<tbody>
<tr>
<td>170 Main Street</td>
<td>201 Commercial Street</td>
</tr>
<tr>
<td>Downieville, CA 95936</td>
<td>Downieville, CA 95936</td>
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<table>
<thead>
<tr>
<th><strong>Kentucky Mine Historical Park and Museum</strong></th>
<th><strong>Von Schmidt Monument Historic Park</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Kentucky Mine Road</td>
<td>700 Dog Valley Road</td>
</tr>
<tr>
<td>Sierra City, CA 96125</td>
<td>Verdi, CA 89439</td>
</tr>
<tr>
<td>530-862-1310</td>
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<table>
<thead>
<tr>
<th><strong>Loyalton City Park</strong></th>
<th><strong>Yuba Theatre / Sierra County Arts Council</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>105 Beckwith Road.</td>
<td>212 Main Street</td>
</tr>
<tr>
<td>Loyalton, CA 96118</td>
<td>Downieville, CA 96936</td>
</tr>
<tr>
<td>530-993-6750</td>
<td>530-289-9822</td>
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<table>
<thead>
<tr>
<th><strong>Plum Valley Park</strong></th>
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</thead>
<tbody>
<tr>
<td>Ridge Road</td>
</tr>
<tr>
<td>Pike, CA 95960</td>
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## PUBLIC PAYPHONES

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Bassett’s Station</td>
<td>100 Gold Lake Road at Hwy 49</td>
<td>530-823-7560</td>
</tr>
<tr>
<td></td>
<td>Sierra City, CA 96125</td>
<td></td>
</tr>
<tr>
<td>Sierra County Health &amp; Human Services</td>
<td>202 Front Street</td>
<td>530-993-6720</td>
</tr>
<tr>
<td></td>
<td>Loyalton, CA 96118</td>
<td></td>
</tr>
<tr>
<td>Sardine Lake Resort</td>
<td>990 Sardine Lake Road</td>
<td>530-292-9048</td>
</tr>
<tr>
<td></td>
<td>Sierra City, CA 96125</td>
<td></td>
</tr>
<tr>
<td>Downieville Motors</td>
<td>114 Main Street</td>
<td>530-993-4307</td>
</tr>
<tr>
<td></td>
<td>Downieville, CA 96125</td>
<td></td>
</tr>
<tr>
<td>Sierra Pines Resort</td>
<td>104 Main Street</td>
<td>530-292-9048</td>
</tr>
<tr>
<td></td>
<td>Sierra City, CA 96118</td>
<td></td>
</tr>
<tr>
<td>Indian Valley Outpost</td>
<td>4601 Highway 49</td>
<td>530-292-9048</td>
</tr>
<tr>
<td></td>
<td>Camptonville, CA 95922</td>
<td></td>
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## SENIOR SERVICES

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone Numbers</th>
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<tbody>
<tr>
<td>Connecting Point</td>
<td>(previously known as IHSS)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>208 Sutton Way</td>
<td>530-274-5601</td>
</tr>
<tr>
<td></td>
<td>Grass Valley, CA 95945</td>
<td>866-577-6331</td>
</tr>
<tr>
<td></td>
<td>Toll Free: 866-577-6331</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.ns-pa.org">www.ns-pa.org</a></td>
<td></td>
</tr>
<tr>
<td>Sierra County Social Services</td>
<td>202 Front Street</td>
<td>530-289-3711</td>
</tr>
<tr>
<td></td>
<td>Loyalton, CA 96118</td>
<td>530-289-3720</td>
</tr>
<tr>
<td></td>
<td>22 Maiden Lane</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Downieville CA 95936</td>
<td></td>
</tr>
<tr>
<td>Legal Services of Northern</td>
<td></td>
<td></td>
</tr>
<tr>
<td>California</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>530-823-7560</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.lsnec.net">www.lsnec.net</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(serving multiple counties, including Sierra County)</td>
<td></td>
</tr>
<tr>
<td>Loyalton Senior Center</td>
<td>302 First Street</td>
<td>530-993-4307</td>
</tr>
<tr>
<td></td>
<td>Loyalton, CA 96118</td>
<td></td>
</tr>
<tr>
<td>North Gold Senior Mountaineers</td>
<td>29190 California 49</td>
<td>530-292-9048</td>
</tr>
<tr>
<td></td>
<td>North San Juan, CA 95960</td>
<td></td>
</tr>
<tr>
<td>Western Sierra Residential Center</td>
<td>110 Main St</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Downieville CA 95936</td>
<td></td>
</tr>
<tr>
<td></td>
<td>For information on lunch program and public Transportation</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Joyce White 530-289-3250</td>
<td></td>
</tr>
</tbody>
</table>
Lee Adams  
Supervisor District 1  
530-289-3506  
supervisor1@sierracounty.ca.gov

Peter W. Huebner  
Supervisor District 2  
530-862-1004  
supervisor2@sierracounty.ca.gov

Paul Roen  
Supervisor District 3  
209-479-2770  
supervisor3@sierracounty.ca.gov

Jim Beard  
Supervisor District 4  
530-993-4732  
supervisor4@sierracounty.ca.gov

Sharon Dryden  
Supervisor District 5  
530-993-xxxx  
supervisor5@sierracounty.ca.gov

Heather Foster - Clerk of the Board  
P.O. Drawer D  
100 Courthouse Square, Suite 11  
Downieville, CA 95936  
530-289-3295

Ann Mendez - Court Executive Officer  
P.O. Box 476  
100 Courthouse Square, 2nd Floor  
Downieville, CA 95936  
530-289-3698  
amendez@sierracourt.org

Law Firm of Prentice, Long & Epperson  
http://plelawfirm.com/

Keith Mahan - Agriculture Commissioner  
208 Fairgrounds Road  
Quincy, CA 95971  
530-283-6365 Fax: 530-283-4210  
keithmahan@countyofplumas.com

Merrill Grant - Superintendent of Schools  
(Elected)  
P.O. Box 955  
109 Beckwith Road  
Loyalton, CA 96118  
530-993-1660  
mgrant@spjusd.org

Laura Marshall - Assessor (Elected)  
P.O. Box 8  
100 Courthouse Square, Suite B1  
Downieville, CA 95936  
530-289-3283 Fax: 530 289-2801  
asessor@sierracounty.ca.gov

Van Maddox - Auditor-Treasurer-Tax Collector (Elected)  
Auditor-Risk Manager-Insurance Division  
P.O. Box 425  
211 Nevada St, 2nd Floor above Clinic  
Downieville, CA 95936  
530-289-3273 Fax: 289-2842  
auditor@sierracounty.ca.gov

Jeremy Miller - Chief Technology Officer  
P.O. Box 255  
211 Nevada St, 2nd Floor above Clinic  
Downieville, CA 95936  
530-289-2890  
jmiller@sierracounty.ca.gov

Tex Ritter - Director Sierra Nevada Regional Child Support Services  
P.O. Box 463  
Downieville, CA 95936  
866-901-3212  
sndcss@co.nevada.ca.us

Sandra Groven - District Attorney  
P.O. Box 457  
100 Courthouse Square, 2nd Floor  
Downieville, CA 95936  
530-289-3269  
sgroven@sierracounty.ca.gov

Jeffrey Bosworth - Chief Probation Officer  
P.O. Box 67  
100 Courthouse Square, 2nd Floor  
Downieville, CA 95936  
530-289-3277  
probation@sierracounty.ca.gov

Vickie Clark - Director Public Health & Social Services & Environmental Health  
P.O. Box 7  
530-993 –6700  
Social Services  
P.O. Box 1019  
530-993-6720  
202 Front St.  
Loyalton, CA 96118  
vclark@sierracounty.ca.gov

Lea Salas - Administrative Director of Behavioral Health  
704 Mill St.  
P.O. Box 268  
Loyalton, CA 96118  
530-993-6748  
lsalas@sierracounty.ca.gov

Elizabeth Morgan - Environmental Health  
P.O. Box 7  
Loyalton, CA 96118  
530-993-6716  
For messages: 530-993-6700  
emorgan@sierracounty.ca.gov

Tim Beals - Director of Planning and Transportation; Waste Disposal, LAFCO, Local Transportation Commission, County Airport, Sierra Brooks Water System, County Surveyor-County Building Official, County Parks and Recreation, County Plant Maintenance, and Office of Emergency Services  
101 Courthouse Square  
Downieville, CA 95936  
P.O. Box 530 (Planning and Building)  
530-289-3251  
P.O. Box 98 (Road Department and Transportation) 530-289-3201  
Downieville, CA 95936  
tbeals@sierracounty.ca.gov  
publicworks@sierracounty.ca.gov

Lee Brown - OES Coordinator  
Office of Emergency Services  
100 Courthouse Square  
Public Works Building  
P.O. Box 530  
Downieville, CA 95936  
530-289-2850  
scoes@sierracounty.ca.gov

Mike Fisher - Sheriff-Coroner (Elected) & Animal Control  
P.O. Box 66  
100 Courthouse Square, 1st Floor  
Downieville, CA 95936  
530-289-3700 Fax: 530-289-3318  
mikefisher@sierracounty.ca.gov

Loyalton Substation  
61050 Hwy 49  
Loyalton, CA 96118

Search & Rescue  
Brad Dempster, Coordinator  
P.O. Box 66  
Downieville  
530-289-3700  
braddempster@sierracounty.ca.gov
American Red Cross Disaster Action Teams are activated when services are requested by the fire department in the event of a single- or multi-family residential fire. To request services call:

530-727-7335

The American Red Cross is able to provide for the immediate emergency needs of those displaced individuals which may include food, clothing, and a hotel for up to 3 nights. In the case where approximately 10 families or 20-30 people are involved, the Red Cross may choose to open a shelter. Red Cross Disaster Mental Health services are available for the emotional support of clients, as well as Health Services to assist clients with the replacement of their medications or glasses.

Canteen The American Red Cross may also provide canteen services when requested for a larger incident (fire, bus crash, etc.) to provide snacks, water, and coffee to fire crews, law enforcement, etc.

Evacuation Center An Evacuation Center is a temporary center for evacuees who have been displaced due to an incident. This center would not be for overnight use. Clients can receive briefings, get a snack, and find temporary shelter until the incident comes to an end or a decision is made to open a shelter.

Shelters A Red Cross shelter is for evacuees who have been displaced overnight by disaster. Red Cross shelters are carefully chosen by the Red Cross in conjunction with Health and Human Services and are capable of serving meals and housing large groups. Red Cross shelters are staffed by Red Cross volunteers and staff including Mental Health Services and Health Services.

Disaster Dispatch: 1-844-236-0153

| Daryl White |
| Disaster Program Manager |
| Northeastern California Chapter |
| 2125 E. Onstott Road |
| Yuba City, CA 95991 |
| 530-673-1460 Office |
| 916-995-4392 Cell |

| Trisha Johnson |
| Deputy Regional Disaster Officer |
| American Red Cross |
| Capital Region Chapter |
| 1565 Exposition Boulevard |
| Sacramento, CA 95815 |
| 916-993-7089 Direct |
| 916-993-7094 Fax |
| Trisha.johnson@redcross.org |
| www.redcrosscrc.org |

| Robin Friedman |
| Regional Disaster Program Officer |
| American Red Cross |
| Capital Region Chapter |
| 1565 Exposition Boulevard |
| Sacramento, CA 95815 |
| 916-993-7079 Phone |
| 916-764-5746 Cell |
SIERRA COUNTY PUBLIC SCHOOLS

Downieville School (K-12)
P.O. Drawer B
130 School Street
Downieville, CA 95936
530-289-3473
Fax 530-289-3693

Sierra Pass Continuation High School
P.O. Box 37
109 Beckwith Road, Building 9
Loyalton, CA 96118
530-993-1660 ext. 160
Fax: 530-993-0828

Loyalton Elementary School (TK-6)
P.O. Box 127
111 Beckwith Road
Loyalton, CA 96118
530-993-4482
Fax 530-993-1007

Sierra-Plumas Joint Unified School District Office
P.O. Box 955
109 Beckwith Road
Loyalton, CA 96118
530-993-1660
Fax 530-993-0828
www.sierracountyofficeofeducation.org

Loyalton High School (7-12)
P.O. Box 37
700 Fourth Street
Loyalton, CA 96118
530-993-4454
Fax 530-993-4667

OTHER EDUCATIONAL OPPORTUNITIES

CPR / First Aid / AED Training
Eastern Plumas Health Care
530-832-6586

CPR / Work Place First Aid Training
Rae Bell Arbogast
530-287-3454
raebell44@gmail.com

Alliance for Workforce Development
Business and Career Network
305 S. Lincoln Street
Sierraville, CA 96126
530-994-3349

Sierra County Adult Education Program
Wendy Jackson
P.O. Box 955
700 Fourth St
Loyalton CA 96118
530-993-1660
Fax: 530-993-0828
Wjackson@spjusd.org
High Sierra’s Family Services
Family Resource Center
315 Main Street
Loyalton, CA 96118
530-993-1110

This is a non-profit agency that provides the following programs and services:

- **Family Outreach Program**, Home visiting
- **Sierra Safe Kids** (provides car seats, safety training, and bike helmets)
- **Nurturing Parenting**: Parenting the nurturing way, a family centered initiative designed to build nurturing parenting skills
- **Winter Coat Drive** (free gently used coats)
- **RAINBOW Family Support and Resource Network** (advocacy for special needs children 0-3)
- **Emergency Assistance & Salvation Army Fund**
- **Promotes National Child Abuse Prevention Month** activities
- **Grantee of Sierra County Child Care Council**
- **High Sierra’s Food Pantry** - First and third Fridays of every month at 3PM Catholic Church 614 Fourth St Loyalton CA 96118

Wellness Center
207 Front Street
Loyalton, CA 96118

Peer Support Services: 530-993-6731
Student/Parent Navigator: 530-993-6765
Mental Health Services Act Coordinator: 530-993-6745
Fax: 530-993-1003

- **Peer Supported Resource and Wellness Center**
- Offers **Wellness and Recovery focused** activities
- Offers **Support and Services** to increase community involvement and reduce isolation
- Currently offering **WRAP Sessions**: Wellness Recovery Action Plan
- Please feel free to **stop by** and learn about Peer Support & Vet Support Services and the value that these services have in our community
## TRANSPORTATION

<table>
<thead>
<tr>
<th>Golden Rays Public Transportation</th>
<th>Loyalton Senior Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Downieville</td>
<td>302 First Street</td>
</tr>
<tr>
<td>530-798-8555</td>
<td>Loyalton, Ca 96118</td>
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</table>

<table>
<thead>
<tr>
<th>Liberty Utilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving City of Loyalton &amp; Southern Sierra County</td>
</tr>
<tr>
<td>P.O. Box 107</td>
</tr>
<tr>
<td>Tahoe Vista, CA 96148</td>
</tr>
<tr>
<td>530-546-1728</td>
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<tr>
<td><a href="https://libertyutilities.com/">https://libertyutilities.com/</a></td>
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<table>
<thead>
<tr>
<th>PG&amp;E</th>
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<tbody>
<tr>
<td>800-743-5000</td>
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<td><a href="http://www.pge.com">www.pge.com</a></td>
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<table>
<thead>
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<th>Golden Rays Public Transportation</th>
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<tbody>
<tr>
<td>Downieville</td>
<td>302 First Street</td>
</tr>
<tr>
<td>530-798-8555</td>
<td>Loyalton, Ca 96118</td>
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## UTILITIES

<table>
<thead>
<tr>
<th>Ace Propane</th>
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</thead>
<tbody>
<tr>
<td>530-271-7365</td>
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<tr>
<td><a href="http://www.acepropane.net">www.acepropane.net</a></td>
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<tr>
<th>Alleghany Public Utility District</th>
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</thead>
<tbody>
<tr>
<td>530-287-3204</td>
</tr>
<tr>
<td><a href="mailto:alleghanywater@gmail.com">alleghanywater@gmail.com</a></td>
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<table>
<thead>
<tr>
<th>Amerigas</th>
</tr>
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<tbody>
<tr>
<td>530-832-5133</td>
</tr>
<tr>
<td><a href="http://www.amerigas.com">www.amerigas.com</a></td>
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<table>
<thead>
<tr>
<th>City of Loyalton</th>
</tr>
</thead>
<tbody>
<tr>
<td>water/sewer</td>
</tr>
<tr>
<td>530-993-6750</td>
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<table>
<thead>
<tr>
<th>Liberty Utilities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Serving City of Loyalton &amp; Southern Sierra County</td>
</tr>
<tr>
<td>P.O. Box 107</td>
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<tr>
<td>Tahoe Vista, CA 96148</td>
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<tr>
<td>530-546-1728</td>
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<tr>
<td><a href="https://libertyutilities.com/">https://libertyutilities.com/</a></td>
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<tr>
<th>PG&amp;E</th>
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<tr>
<td>800-743-5000</td>
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<td><a href="http://www.pge.com">www.pge.com</a></td>
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<th>Calpine Water Works</th>
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<tr>
<td>PO Box 9</td>
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<tr>
<td>Calpine CA 96124</td>
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<tr>
<td>530-582-3844</td>
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<thead>
<tr>
<th>Plumas-Sierra Rural Electric Cooperative</th>
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<tr>
<td>Serving most of the western Sierra Valley</td>
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<tr>
<td>73233 State Route 70Portola, CA 96122-7069</td>
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<tr>
<td>800-555-2207</td>
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<tr>
<td><a href="http://www.psrec.coop">www.psrec.coop</a></td>
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<tr>
<th>Sierra City Waterworks, Inc.</th>
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<tr>
<td>530-273-6447</td>
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<td>530-993-4378</td>
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<td><a href="http://www.sierraenergy.net">www.sierraenergy.net</a></td>
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<tr>
<td>PO Box 444</td>
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<tr>
<td>Downieville CA 95936</td>
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<tr>
<td>530-289-2774</td>
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<td>PO Box 325</td>
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<th>Ferrellgas</th>
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<tr>
<td>530-823-0607</td>
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<td><a href="http://www.ferrellgas.com">www.ferrellgas.com</a></td>
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<tr>
<td>530-832-5534</td>
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<tr>
<td>530-273-6113</td>
</tr>
<tr>
<td><a href="http://www.suburbanpropane.com">www.suburbanpropane.com</a></td>
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SANITATION

Garbage removal:

**Intermountain Disposal**
108 Commercial Street, Suite A
Portola, CA 96122
530-832-4879

Portable toilets / septic tank pumping:

**Plumas Sanitation**
73762 Industrial Way
Portola, CA 96122
530-832-0370
*(serves both east and west side of Sierra County)*

WATER—BULK

**Big Mountain Water Resources**
365 Main Street
Quincy, CA 95971
530-927-7433 or 530-354-4854
4000 gal potable water truck

**North San Juan Fire Protection District Station #3**
Tyler Foote Road
P.O. Box 229
North San Juan, CA 95960
530-292-9159
3000 gal potable water truck

**Norm Paul Water Hauling, Inc.**
1101 Skyline Drive
Auburn, CA 95602
530-885-5760
4000 gal potable water truck
4400 gal potable semi tractor-trailer

**Sierra County OES**
P.O. Box 530
Downieville, CA 95936
530-289-2850 / 289-3251 / 289-3700

LIQUID WASTE HAULERS

**Navo & Sons, Inc.**
815 Idaho-Maryland Road
Grass Valley, CA 95945
530-273-2964
www.navo.com

**Sani-Hut Company, Inc.**
1325 E. Greg Street
Sparks, NV 89431
775-358-6720
www.sanihut.com

**Plumas Sanitation**
73762 Industrial Way
Portola, CA 96122
530-832-0370
www.plumassanitation.com
U.S. FOREST SERVICE RANGER STATIONS

Sierraville Ranger District
317 S. Lincoln Street
P.O. Box 95
Sierraville, CA 96126
530-994-3401

Yuba River Ranger District
15924 Highway 49
Camptonville, CA 95922
530-288-3231

WELL DRILLERS

Bruce Mackay Pump & Well Service, Inc.
1600 Mt. Rose Hwy
Reno, NV 89511 (Verdi area)
775-851-1600
www.brucemackay.com

Hydro Resources West Inc.
740 Bennie Lane, Suite A
Reno, NV 89512
775-329-2083
www.hydroresources.com

Dickens Drilling, Inc.
189 Danny Court
Quincy, CA 95971
530-283-4844
ddinc@digitalpath.net

Peters’ Drilling & Pump Service
P.O. Box 1546
Grass Valley, CA 95945
530-273-8136
www.petersdrilling.com

Gary C. Tanko Well Drilling, Inc.
12150 Luther Road
Auburn, CA 95603
530-823-8234
www.tanko.com
info@tanko.com

Steve’s Pumps & Well Drilling
P.O. Box 249
711-715 Sears Road
Janesville, CA 96114
530-253-3601
www.stevespumps.com
TL@yourpro.com
### VETERINARIANS SERVING SIERRA COUNTY

#### Small animal specialty

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
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| **Dennis Spence, DVM** | Mobile Vet  
10110 Travertine Court  
Grass Valley, CA 95949  
Tuesdays - Downieville at the Sierra Hardware | 530-273-5331   |
| **Martin D. Schafer, DVM** | Plumas Veterinary Services  
81010 Highway 70  
Beckwourth, CA 96129 | 530-832-4485   |

#### Large animal specialty

<table>
<thead>
<tr>
<th>Name</th>
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| **Large Animal Veterinary Services**      | 94325 Highway 70  
Chilcoot, CA 96105  
530-993-1400 |                             |

#### Equine specialty

<table>
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<tr>
<th>Name</th>
<th>Address</th>
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| **Joseph M. Coli, DVM** | Comstock Large Animal Hospital  
90 W. Laramie Drive  
Reno, NV 89521  
775-849-0120 |                             |
| **Susan A. McCartney, DVM** | Large Animal Veterinary Services  
20485 Cooke Drive  
Reno, NV 89521  
775-849-1921 |                             |
| **Julie Wilkins, DVM** | Large Animal Veterinary Services  
Loyalton / Oroville area  
530-519-3228 |                             |
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<th>Animal Rescues and Organizations</th>
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<tr>
<td><strong>American Humane Association</strong></td>
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<tr>
<td>1400 16th Street NW; Suite 360</td>
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<tr>
<td>Washington, DC 20036</td>
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<tr>
<td>800-227-4645</td>
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<tr>
<td><a href="http://www.americanhumane.org">www.americanhumane.org</a></td>
</tr>
<tr>
<td><a href="mailto:info@americanhumane.org">info@americanhumane.org</a></td>
</tr>
<tr>
<td><strong>Nevada Humane Society</strong></td>
</tr>
<tr>
<td>2825 Longley Lane, Suite B</td>
</tr>
<tr>
<td>Reno, NV 89502-5942</td>
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<tr>
<td>775-856-2000</td>
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| **Animal Relief Fund**          |
| Supporting animals of Sierra County |
| P.O. Box 124                    |
| Downieville, CA 95936           |
| 530-289-2720                    |
| [www.animalrelieffund.net](http://www.animalrelieffund.net) |
| [sccaarfl@gmail.com](mailto:sccaarfl@gmail.com) |

| **Humane Society of Truckee-Tahoe** |
| 10961 Stevens Lane               |
| Truckee, CA 96162                |
| 530-587-5948                     |
| [info@hstt.org](mailto:info@hstt.org) |

| **Palomino Valley Pet Rescue, Inc.** |
| 1258 Baring Boulevard #276       |
| Sparks, NV 89434                 |
| 775-358-5527                     |
| [questions@palominovalleypetrescue.org](mailto:questions@palominovalleypetrescue.org) |

| **Red Rover**                    |
| 3800 J Street                   |
| Sacramento, CA 95816            |
| 916-429-2457                    |
| [www.redrover.org](http://www.redrover.org) |
| [info@redrover.org](mailto:info@redrover.org) |

| **High Sierra Animal Rescue**    |
| 103 Meadow Ridge Lane            |
| Portola, CA 96122                |
| 530-832-4727                     |
| [info@highsierraanimalrescue.org](mailto:info@highsierraanimalrescue.org) |

| **Sierra Wildlife Rescue**       |
| 3030 Newtown Road                |
| Placerville, CA 95667            |
| 530-621-4661                     |
| [www.sierrawildliferescue.org](http://www.sierrawildliferescue.org) |
| [info@sierrawildliferescue.org](mailto:info@sierrawildliferescue.org) |

| **National Animal Rescue & Sheltering Coalition** |
| Voicemail: 336-496-2772              |
| [thenarsc@gmail.com](mailto:thenarsc@gmail.com) |

| **SPCA of Northern Nevada**        |
| 840 E. 5th Street                 |
| Reno, NV 89512                    |
| 775-324-7773                      |

| **Nevada County Veterinary Disaster Response Team** |
| Hm 530-477-6506                    |
| Cell 530-913-6506                  |
| [m4animals@aol.com](mailto:m4animals@aol.com) |

| **Willows Change Pet Rescue Network** |
| Reno, NV 89506                     |
| 775-971-9547                       |
| [willowschange@charter.net](mailto:willowschange@charter.net) |
https://healthcarevolunteers.ca.gov/

If you're a healthcare provider with an active license, a public health professional, or a member of a medical disaster response team in California who would like to volunteer for disaster service, you've come to the right place!

**What does it take to register for disaster service?**

- During the on-line registration process, you will be asked to enter information regarding your license (if applicable).
- Enter information about the best way to contact you, and other relevant background information.
- Once you've registered, your credentials will be validated - before an emergency - so that you can be deployed quickly and efficiently. Your information will only be viewed by authorized system managers.

**Once I'm registered, what happens next?**

- During a State or national disaster, (e.g., an earthquake severe weather event, or public health emergency), this system will be accessed by authorized medical/health officials at the State Emergency Operations Center or your county.
- If a decision is made to request your service, you will be contacted using the information you enter on the site. If you agree to deploy, your information will be forwarded to the appropriate field operational officials.

**Thank you for Volunteering!**
Pandemic Flu

An influenza pandemic is a worldwide outbreak of a new flu virus.

An influenza — or flu — pandemic is an outbreak of a new type of flu virus that spreads rapidly from one country to another. Because the virus is new, people have no natural immunity to it and vaccine will not be available for many months. Without vaccine or immunity, the virus passes rapidly from person to person. Hundreds of thousands could get sick, and many could die.

There were three large flu pandemics in the 20th century – 1918, 1957 and 1968. No one knows where or when the next flu pandemic will begin, but health officials agree that it is only a matter of time.

What to expect if an outbreak occurs

• A flu pandemic could be devastating, so everyone should be prepared for the worst. With up to one-third of the workforce sick or staying home, supplies and services could be limited or disrupted.

• You may be asked to stay away from other people, and schools could be closed. Health officials may order to keep people with the virus at home or in special facilities.

• A flu pandemic could last a long time. The 1918 flu pandemic lasted 18 months.

What to do now

• Be ready to help family and neighbors who are elderly or have special needs.

• Know school policies about illness and absence. Make a plan for taking care of your children if schools are closed for long periods.

• Be ready to stay home from work when sick. Know work policies about sick leave, absences, and time off.

• Explore ways to get your work done with less personal contact, such as use of e-mail and telephones.

• Be prepared to live for a week or more on what you have at home. Stores may have limited supplies.

Prevent the spread of germs

• The flu virus is spread from person to person when an infected person coughs, sneezes or touches things that others use. To protect yourself and others:
  ♦ Cover your mouth and nose when you cough or sneeze. Cough into your sleeve or use a tissue.
  ♦ Wash your hands with soap and warm water.
  ♦ Don’t touch your eyes, nose or mouth.
  ♦ Stay home when you’re sick or have flu symptoms. Drink extra water and get plenty of rest.

Learn home-care basics

• The flu virus causes the body to dehydrate, or lose water through fever and sweating. Watch for weakness, dry mouth, dark concentrated urine or a fast pulse when lying or sitting down. These are signs of dehydration. To prevent dehydration, it is very important for a person with the flu to drink up to 12 glasses of water a day.
Floods

Floods are the most common and widespread of all natural disasters. If you live in an area where floods occur, you should know the following:

**What to do before a flood**

- Plan for evacuation, including where you will go and the route you will take.
- Purchase flood insurance and keep all insurance policies in a safe place.
- Take photos or a videotape of the valuables you keep in your home.
- Listen to your radio or television for reports of flood danger.
- Keep your car filled with gas.

**What to do during a flood**

- Do not try to walk or drive through flooded areas. Water can be deeper than it appears and water levels rise quickly. If your car stalls in floodwater, get out quickly and move to higher ground.
- Stay away from moving water; moving water six inches deep can sweep you off your feet. Cars are easily swept away in just two feet of water.
- Stay away from disaster areas unless authorities ask for volunteers.
- Stay away from downed power lines.
- If your home is flooded, turn the utilities off until emergency officials tell you it is safe to turn them on.
- Do not pump the basement out until floodwater recedes.
- Avoid weakened floors, walls and rooftops.
- Wash your hands frequently with soap and clean water if you come in contact with floodwaters.

**What to do after a flood**

- Wear gloves and boots when cleaning up.
- Open all doors and windows. Use fans if possible to air out the building.
- Wash all clothes and linens in hot water.
- Discard mattresses and stuffed furniture; they can’t be adequately cleaned.
- Wash dirt and mud from walls, counters, and hard surfaced floors with soap and water.
- Discard all food that has come into contact with floodwater; canned food is okay.
- If your well is flooded, your tap water is probably unsafe. If you have public water, the health department will let you know if your water is not safe to drink. Until your water is safe, use clean bottled water.
- Do not use your septic system when water is standing on the ground around it.
Hot Weather Precautions

Severe heat may cause illness or even death. When temperatures rise to extreme highs, reduce risks by taking the following precautions:

**Hot weather precautions to reduce the risk of heat exhaustion and heat stroke**

- Stay indoors and in an air-conditioned environment as much as possible unless you’re sure your body has a high tolerance for heat.
- Drink plenty of fluids but avoid beverages that contain alcohol, caffeine or a lot of sugar.
- Eat more frequently but make sure meals are balanced and light.
- Never leave any person or pet in a parked vehicle.
- Avoid dressing babies in heavy clothing or wrapping them in warm blankets.
- Make sure pets have plenty of water.
- If you take prescription diuretics, antihistamines, mood-altering or antispasmodic drugs, check with a doctor about the effects of sun and heat exposure.
- Cover windows that receive morning or afternoon sun. Awnings can reduce the heat entering a house.

**If you go outside**

- Plan strenuous outdoor activities for early or late in the day when temperatures are cooler; then gradually build up tolerance for warmer conditions.
- Take frequent breaks when working outdoors.
- Wear a wide-brimmed hat, sun block, and light-colored, loose-fitting clothes when outdoors.
- At first signs of heat illness (dizziness, nausea, headaches), move to a cooler location, rest for a few minutes, and slowly drink a cool beverage. Seek medical attention immediately if you do not feel better.
- Avoid sunburn: it slows the skin’s ability to cool itself. Use a sunscreen lotion with a high SPF rating.
- Avoid extreme temperature changes. A cool shower immediately after coming in from hot temperatures can result in hypothermia, particularly for elderly or very young people.

**If the power goes out or air conditioning is not available**

- Ask your doctor about any prescription medicine you keep refrigerated. (If the power goes out, most medicine will be fine to leave in a closed refrigerator for at least three hours.)
- Keep a few bottles of water in your freezer; if the power goes out, move them to your refrigerator and keep the doors shut.
Power Outages

Power outages can cause many safety concerns; knowing the following information can help.

**Before a power outage**
- Register life-sustaining and medical equipment with your utility company.
- Consider buying a generator. Keep your generator outside and run a cord inside. Don’t connect your generator to main service panels — it’s dangerous!
- Your disaster preparedness kit should contain flashlights, a battery-powered radio, and a wind-up clock.
- Have a corded telephone available — cordless phones will not work when the power is out.
- Have a safe alternative heat source and supply of fuel. Never burn charcoal or use a generator indoors.

**During a power outage**
- Turn off lights and electrical appliances except for the refrigerator and freezer.
- Even if it is dark, turn light switches and buttons on lamps or appliances to the “off” position.
- Unplug computers and other sensitive equipment to protect them from possible surges.
- Leave one lamp on so you will know when power is restored. Wait at least 15 minutes after power is restored before turning on other appliances.
- Conserve water, especially if you use well water.
- Never use gas ovens, gas ranges, barbecues or portable or propane heaters for indoor heating—they use oxygen and create carbon monoxide that can cause suffocation.
- Candles can cause a fire. It’s far better to use battery-operated flashlights or glow sticks for lighting.
- Using a kerosene heater, gas lantern or stove inside the house can be dangerous. Maintain proper ventilation at all times to avoid a build up of toxic fumes, and be sure to have a carbon monoxide detector.
- Stay away from downed power lines and sagging trees with broken limbs.

**Keep food safe**
- Use and store food carefully to prevent foodborne illness when power outages make refrigeration unavailable.
- Use foods first that can spoil most rapidly.
- Keep doors to refrigerators and freezers closed. Your refrigerator’s freezer will keep food frozen for a day.
- Use an ice chest packed with ice or snow to keep food cold. Use bags of ice to save refrigerator foods.
- **If in doubt, throw it out.** Throw out meat, seafood, dairy products and cooked food that does not feel cold.
Preparing for Winter Storms

Winter storms can range from moderate snow over a few hours to blizzard conditions with blinding, wind-driven snow that lasts several days. Prepare before the snow falls and the ice freezes.

Preparing for winter storms

- Listen to your radio or television for winter storm forecasts and other information.
- Prepare your home for cold weather. Install storm windows. Insulate outside walls, attics, and crawl spaces. Wrap pipes, especially those near cold outer walls or in attics or crawl spaces. Repair leaks in the roof, around the doors, and in the windows.
- Have appropriate cold weather clothing available.
- If you have a kerosene heater, refuel your heater outside and remember to keep it at least three feet from flammable objects.
- Make sure your fireplace functions properly.
- Have rock salt and sand on hand for traction on ice.
- Fill your gas tank before the snow starts falling.

During a winter storm

- Wear several layers of loose fitting, light weight, warm clothing rather than one layer of heavy clothing. Wear mittens rather than gloves. Wear a warm, woollen cap.
- Reduce the temperature in your home to conserve fuel.
- Heat only the areas of your home you are using. Close doors and curtains.
- Be sure to eat regularly. Food provides calories that maintain body heat.
- Watch for signs of frostbite and hypothermia — slurred speech, disorientation, uncontrollable shivering, stumbling, drowsiness, and body temperature of 95 degrees Fahrenheit or less.

In your vehicle

- Make sure someone knows where you are going. Stay on the main roads.
- If trapped in a blizzard, clear your tail pipe and run your engine and heater for 10 minutes every hour. Open your window slightly.
- During night hours, keep the dome light on in the car so rescue crews can see your vehicle.
- Keep an emergency kit in your vehicle. Include a three-day supply of water and non-perishable food that can be eaten without being cooked. Include a blanket or sleeping bag for each passenger, a flashlight, cell phone, shovel, sack of sand or kitty litter, booster cables, flare, and toilet paper.
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Everyone can play an important role in protecting our youth from the risks of tobacco use.

The Sierra County Prevention Coalition addresses our rural health issues by supporting the well-being of residents through education, outreach and advocacy. Our efforts are directed toward encouraging youth and community members to become leaders that facilitate educated choices.

Meetings held in Loyalton and Downieville.

To learn more, please contact the Tobacco Use Reduction Program at (530) 993-6742.

Information for Parents: Learn about the different shapes and types of e-cigarettes and the risks of all forms of e-cigarettes use for young people at e-cigarettes.surgeongeneral.gov

Let your child know that you want them to stay away from all tobacco products, including e-cigarettes, because they are not safe for them. Seek help and get involved.

- Set up an appointment with your child’s health care provider so that they can hear from a medical professional about the health risks of tobacco products, including e-cigarettes.
- Speak with your child’s teacher and school administrator about enforcement of tobacco-free school policies and tobacco prevention curriculum.
- Encourage your child to learn the facts and get tips for quitting tobacco products at teen.smokefree.gov

"E-Cigarette use has become an epidemic among our nation’s young people." US Surgeon General’s Advisory on E-Cigarette Use Among Youth, 2018.

DON’T GET HOOKED.

Big Tobacco is luring you with candy-flavored e-cigs, liquids and cigars.
STAY INFORMED

Sierra County has an electronic alerting system called CodeRED. This system allows for geographically based voice and text message delivery to landline and cellular phones.

The Sierra County Sheriff’s Office and the Office of Emergency Services will use this system to send critical communications, from evacuation notices to missing child alerts. Exact street addresses are required.

No one should assume his or her phone number is included. The easiest way to confirm your address and select the desired numbers to be notified is to visit www.sierracounty.ca.gov

Select the CodeRED link along the left side of the page, and located there is a link to the CodeRED Community Notification Enrollment site.

Office of Emergency Services (OES)
530-289-2850
GET READY, GET SET, GO!

Wildfire is coming. Are you ready?

Get prepared for wildfire before it strikes by following the Ready, Set Go! guide:

**BEING READY**
- Create defensible space: 100-feet of defensible space is required around your home. Learn how to maintain the two zones of defensible space needed.
- Harden your home: Flying embers can destroy homes up to a mile from wildland areas. Learn how to protect and harden your home from a wildfire threat.

**GETTING SET**
1. What
2. How
3. Who
4. When
- Prepare your home and family for the possibility of having to evacuate.
- Create a wildfire action plan.
- Assemble an emergency supply kit.
- Fill out a family communication plan.

**BEING READY TO GO**
- Pre-evacuation steps: Prepare both the inside and outside of your house for evacuation. Get the checklists.
- Review your evacuation plan checklist.
- Evacuation steps: When immediate evacuation is necessary, get ready to go!
- Ensure your emergency supply kit is in your vehicle.
- Cover-up to protect against heat and flying embers. Wear long pants, long sleeve shirt, heavy shoes/boots, cap, dry bandanna to cover face, goggles or glasses. 100% cotton is preferable.
- Locate your pets and take them with you.

For more information visit: 
readyforwildfire.org
#readyforwildfire