



Sierra County Health and Human Services

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PRESS RELEASE

FOR IMMEDIATE RELEASE

Seventh Case of COVID-19 in Sierra County

On November 4, 2020, Sierra County Public Health received notification of a seventh positive COVID-19 test result for a resident of Sierra County. Under the direction of the Public Health the symptomatic individual is isolating at home and the household is quarantining. The case investigation is on-going. All close contacts identified will be contacted by a member of Public Health. A close contact is defined by the [CDC](#) as within 6 feet for more than 15 minutes 2 days prior to symptom onset.

If you believe you have been a close contact of somebody testing positive, stay home and monitor yourself for symptoms for 14 days since last contact. Consider being tested. Options for testing are listed on the [Sierra County Website](#), or call your health care provider.

As you are aware, cases of COVID-19 continue to increase in our neighboring counties and cities where many of our residents work and shop.

This is not a time to let down our guard. With the holiday season upon us, every person has a role to play in limiting the spread of COVID-19.

- ❖ Practice physical distancing of 6 feet from others.
- ❖ Wash your hands with soap and water often, especially after you have been in a public place.
- ❖ Wear a face covering when in businesses, at school, or unable to maintain 6 feet distance.
- ❖ When feeling sick stay home.

Thank you for your patience and understanding as we stand together to beat this disease.

Celia Sutton-Pado, MD
Public Health Officer
Sierra County

For more information, please go to: <http://sierracounty.ca.gov/COVID-19>
Email: COVID19@sierracounty.ca.gov

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